

Directions: As a dietary supplement, adults take two (2) capsules daily with meals, or as directed by a health care professional.



CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

Contains No Sugar Salt, Preservatives, Artificial Colors or Flavors.

**KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF THE SAFETY SEAL IS
DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.**

Manufactured for: beMore
2200 N. George Mason Rd.
PO Box 7685, Arlington, VA 22207



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MANUFACTURED
IN A cGMP FACILITY



Manufactured
in the U.S.A.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

b^e
BEMORE



BEARD FOOD™

FEED - NOURISH - GROW

- ✓ GROW MEATY BEARDS†
- ✓ FARM FILTHY THICK MUSTACHES†
- ✓ PROMOTE FASTER & FULLER HAIR GROWTH†

60 412 mg
CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin A (as Natural Beta Carotene) (1000 IU) ...	180 mcg	20%
Vitamin C ...	90 mg	100%
(as Calcium Ascorbate and Ascorbyl Palmitate)		
Vitamin D (as Cholecalciferol) (200 IU).....	5 mcg	25%
Thiamine (as Thiamine HCl)	5 mg	417%
Riboflavin	5 mg	385%
Folate (as Folic Acid)	40 mcg	10%
Vitamin B12 (as Cyanocobalamin)	40 mcg	1667%
Biotin.....	5 mg	16667%
Pantothenic Acid (as D-Calcium Pantothenate) ...	20 mg	400%
Calcium	9 mg	1%
(as Calcium Ascorbate and D-Calcium Pantothenate)		
M.S.M. (as Methylsulfonylmethane)	500 mg	*
NAC (N-Acetyl Cysteine).....	100 mg	*
PABA	50 mg	*
Inositol.....	25 mg	*
Silica	15 mg	*
(from Bamboo Extract and Calcium Silicate)		

* Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Gelatin Capsule, and Magnesium Stearate.
Manufactured in a facility that processes Milk, Soy, Eggs, Nuts and Wheat.