



Cholo-SYN™

A Dietary Supplement



**Douglas
Laboratories®**

120 Capsules

Supplement Facts

Serving Size 4 capsules
Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (100% as Beta-Carotene)	2500 IU 50%	Molybdenum (from Molybdenum Krebs†)	10 mcg 13%
Vitamin C (Ascorbic Acid)	250 mg 417%	Potassium	99 mg 2%
Vitamin E	100 IU 333%	(from Potassium Aspartate Complex)	
Thiamine	25 mg 1667%		
Riboflavin	15 mg 882%	Hesperidin Complex	10 mg *
Niacin/Niacinamide	250 mg 1250%	Rutin	5 mg *
Vitamin B-6 (as Pyridoxine HCl)	25 mg 1250%	Bioflavonoids	100 mg *
Folic Acid	100 mcg 25%	Vanadium (from Vanadium Krebs†)	10 mcg *
Vitamin B-12	50 mcg 833%	Boron (from Boron Citrate)	2 mg *
Pantothenic Acid	50 mg 500%	Garlic (bulb) (Odorless Pure-Gar®)	100 mg *
(as Calcium Pantothenate)		L-Carnitine	50 mg *
Calcium	100 mg 10%	L-Taurine	50 mg *
(from Calcium Citrate Complex)		Omega-3 Marine Lipid Concentrate	100 mg *
Iodine (from Kelp)	20 mcg 13%	Guar Gum	50 mg *
Magnesium	200 mg 50%	Mucopolysaccharides (Chondroitin Sulfate)	50 mg *
(from Magnesium Aspartate Complex)		Pectin (Citrus)	50 mg *
Zinc (from Zinc Amino Acid Complex)	10 mg 67%	Choline (from 500 mg Choline Bitartrate)	235 mg *
Selenium	10 mcg 14%	Inositol	50 mg *
(from Selenium Amino Complex)		Lecithin (Soya)	100 mg *
Copper (from Copper Sebecate Complex)	2 mg 100%	L-Methionine	20 mg *
Manganese	5 mg 250%	Bromelain	50 mg *
(from Manganese Aspartate Complex)		Betaine (from 50 mg Betaine HCl)	38 mg *
Chromium GTF	200 mcg 167%		
(from Chromium Polynicotinate)			

*Daily Value not established.

Other ingredients: Gelatin (capsule), cellulose and vegetable stearate.

†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

Manufactured in the USA by:
Douglas Laboratories
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This product contains NO yeast, wheat gluten, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage:

As a dietary supplement, adults take 2 capsules with morning meal and 2 capsules with evening meal daily, or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #7083



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