

Directions: As a dietary supplement, adults take four (4) capsules daily with meals, or as directed by a health care professional.



CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

Contains No Sugar, Salt, Preservatives, Artificial Colors or Flavors.

**KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF THE SAFETY SEAL IS
DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.**

Manufactured for: beMore
2200 N. George Mason Rd.
PO Box 7685
Arlington, VA 22207



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MANUFACTURED
IN A cGMP FACILITY



Manufactured
in the U.S.A.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



ADVANCED JOINT HEALTH†
BE NIMBLE™

SUPPORT - ASSIST - PROTECT

- ✓ Supports Healthy Joints†
- ✓ Assists Mobility & Flexibility†
- ✓ Protect Cartilage†

120 505 mg
CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 4 Capsules

Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin A (as Vitamin A Acetate) (100 IU)	18 mcg	2%
Vitamin C (as Ascorbic Acid)	1 mg	1%
Vitamin E	0.5 mcg	3%
(as D-Alpha Tocopherol Succinate) (1 I.U.)		
Thiamin (as Thiamine HCl)	1 mg	83%
Riboflavin	1 mg	77%
Niacin (as Nicotinamide)	1 mg	6%
Vitamin B6 (as Pyridoxine HCl)	1 mg	58%
Vitamin B12 (as Cyanocobalamin)	1 mcg	42%
Manganese (as Manganese Amino Acid Chelate)	1 mcg	0%
Zinc (as Zinc Amino Acid Chelate)	1 mg	9%
Selenium (as Selenium Amino Acid Chelate)	1 mcg	2%
Copper (as Copper Amino Acid Chelate)	1 mcg	0%
Chromium (as Chromium Amino Acid Chelate)	1 mcg	3%
Glucosamine HCl	1000 mg	*
Chondroitin Sulfate	1000 mg	*
Histidine (as Histidine HCl)	10 mg	*
Boron (as Boron Amino Acid Chelate)	1 mg	*
Alfalfa Powder	1 mg	*
Yucca Powder	1 mg	*
Devil's Claw Powder	1 mg	*
Cetyl Myristolate	1 mg	*
MSM (Methylsulfonylmethane)	500 mcg	*
Green Lipped Mussel	250 mcg	*

* Daily Value not established.

Other Ingredients: Gelatin Capsule, Dicalcium Phosphate, Magnesium Stearate, and Silica.
ALLERGEN WARNING: CONTAINS SHELLFISH (Mussel)