

Directions: As a dietary supplement, adults take two (2) capsules daily with meals, or as directed by a health care professional.



CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

Contains No Sugar Salt, Preservatives, Artificial Colors or Flavors.

**KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF THE SAFETY SEAL IS
DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.**

Manufactured for: beMore
2200 N. George Mason Rd.
PO Box 7685
Arlington, VA 22207



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MANUFACTURED
IN A cGMP FACILITY



Manufactured
in the U.S.A.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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BEMORE



BE MINDFUL™

RELAX - FOCUS - PERCEIVE

- ✓ CALM THE MIND†
- ✓ HEIGHTEN AWARENESS†
- ✓ ENHANCE BRAIN FUNCTION†

60 373mg
CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	%DV
Thiamin (as Thiamine HCl)	1.5 mg	125%
Riboflavin	1.7 mg	131%
Niacin (as Niacinamide)	20 mg	125%
Vitamin B6 (as Pyridoxine HCl)	2 mg	118%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B12 (as Cyanocobalamin)	6 mcg	250%
Pantothenic Acid (as D-Calcium Pantothenate)	10 mg	200%
Magnesium (as Magnesium Oxide)	50 mg	12%
Potassium (as Potassium Citrate)	30 mg	1%

Proprietary Herbal Blend 630 mg *

Skullcap Powder, St. John's Wort 0.3% Extract, Valerian Root 4:1 Extract, Hops 4:1 Extract, Blue Cohosh Herb Powder, Peppermint Herb Powder

* Daily Value not established.

Other Ingredients: Vegetable Cellulose Capsule, Microcrystalline Cellulose, Magnesium Stearate, and Silica.