Directions: As a dietary supplement, adults take two (2) capsules daily with meals, or as directed by a health care professional

CAUTION: Do not exceed recommended dose Pregnant or nursing mothers, children under 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement. Contains No Sugar Salt, Preservatives.

KEEP OUT OF THE REACH OF CHILDREN DO NOT USE IF THE SAFETY SEAL IS DAMAGED OR MISSING STORE IN A COOL, DRY PLACE

Manufactured for heMore 2200 N. George Mason Rd. PO Box 7685 Arlington, VA 22207

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose,



IN A cGMP FACILITY

treat, cure or prevent any disease.



BFMORF

BE COMPLETE

RESTORE - BALANCE - RENEW

✓ SUPPORT HORMONE BALANCE¹ ✓ REGULATE AND IMPROVE MOOD¹ ✓ REDUCE HOT FLASHES†

DIFTARY SUPPLEMENT

**Supplement Facts** 

Serving Size: 2 Capsules Camillana Day Cambridge 20

	Amount Per Serving	%DV
Red Clover 1% Extract	400 mg	*
Sage 2:1 Extract	200 mg	
Black Cohosh 2.5% Extract	160 mg	*
Dong Quai 1% Extract	150 mg	*
Licorice 1% Extract	150 mg	
Vitex Berry Powder	100 mg	
False Unicorn Herb Powder	50 mg	*
Red Raspberry 2:1 Extract	50 mg	*
Blessed Thistle Herb Powder	50 mg	
Soy Isoflavones 40% Extract (4	0% Isoflavones)30 mg	*
Squaw Vine Herb Powder	20 mg	*
Mexican Wild Yam 2.5% Extrac	t15 mg	*

\* Daily Value not established.

Other Ingredients: Gelatin Capsule, Dicalcium Phosphate, Magnesium Stearate, and Silica.

ALLERGEN WARNING: CONTAINS SOY (SOY ISOFLAVONES)