

Active Ingredients	2 capsules	%RDA
Vitamin D3	2.5 µg	50%
Vitamin E	1400 mg	200%
Vitamin B1	0.55 mg	50%
Vitamin B2	6.7 mg	50%
Vitamin B6	2 mg	200%
Vitamin B12	1.27 µg	50%
Folic acid	1000 µg	50%
Niacin	6 mg	50%
Biotin	25 µg	50%
Pantothenic acid	5 mg	50%
Iron	2.1 mg	50%
Magnesium	15 mg	50%
Zinc	5 mg	50%
Chromium	80 µg	200%
Copper	8.5 mg	50%
Manganese	5 mg	50%
Selenium	27.5 µg	50%
Choline	85 mg	*
Green coffee bean extract	400 mg	
Standardized for 30%Chlorogenic acid (CGA)		
Capayana pepper	50 mg	
Standardized for 90% polyphenols, 75% catechins and 40% epigallocatechin-3-gallate (EGCG)	200 mg	
Guarana extract PE	50 mg	
Inulin	20 mg	
Camu camu	200 mg	
fruit powder		

RDA = Recommended Daily Allowance
 *RDA not set or established

No artificial flavours or sweeteners, no preservatives.
No milk, no lactose, no soya, no gluten, no wheat, no fish,
no porcine. Suitable for vegetarians. Suitable for kosher
and halal diet.

Get ready for tomorrow!

Food Supplement
designed for those seeking a balanced healthy weight.

Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle. If you are hypersensitive to vitamins, pregnant, breastfeeding or under medical supervision please consult a doctor before use. Always read the leaflet.

a natural
multivitamin
blend to
assist weight
management

60 capsules