

isotonix<sup>®</sup> multivitamin

Helps maintain brain health†

Provides strong antioxidant defense†

Promotes healthy tissue and cell growth†

Supports healthy sensory development†

# might-a-mins<sup>®</sup> spectrum

Weight: 10.5 oz. (300 g)  
An Isotonic-Capable Dietary Supplement

## Directions for use:\*

**Children ages 2-3 (up to 50 pounds):** In the morning, pour 1 level, white bottle capful of powder into the overcap. Add water to the line on the overcap (2 fl. oz./60 mL) and stir. Repeat the directions for an afternoon serving. Two capfuls per day are recommended.

**Children ages 4 and older (50+ pounds):** In the morning, pour 2 level, white bottle capfuls of powder into a cup. Add 4 fl. oz./120 mL (line on the overcap indicates 2 fl. oz./60 mL) of water and stir. Repeat the directions for an afternoon serving. Four capfuls per day are recommended.

\* If child falls outside age/weight range, use weight to determine proper serving size.

Maximum absorption occurs when taken on an empty stomach. This product is isotonic only if the specified amounts of powder and water are used.

**WARNING:** If you are using any prescription drugs, have an ongoing medical condition, or if you are pregnant or breastfeeding, you should consult your healthcare provider before using this product.

This vegetarian product contains no added wheat, soy, yeast, gluten, artificial flavor, starch, salt, preservatives or milk.

**KEEP OUT OF THE REACH OF CHILDREN.** Store in a cool, dry place. Do not use if safety seal is broken or missing.

†These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for and exclusively distributed by:  
Market America, Inc., 1302 Pleasant Ridge Road, Greensboro, NC 27409

REV 1209

Lot #:

Best when used by:

## Supplement Facts

**Serving Size: 1 Capful (3.3 g) Children Ages 2-3**

**2 Capfuls (6.6 g) Children Ages 4 and Older**

**Servings Per Container: 90 (Ages 2-3)/45 (Ages 4+)**

|                                           | Amount Per<br>3.3 g Serving | % DV*<br>Ages 2-3 | Amount Per<br>6.6 g Serving | % DV*<br>Ages 4+ |
|-------------------------------------------|-----------------------------|-------------------|-----------------------------|------------------|
| Calories                                  | 5                           |                   | 10                          |                  |
| Total Carbohydrates                       | 2 g                         | **                | 3 g                         | 1                |
| Sugars                                    | 1 g                         | **                | 2 g                         | **               |
| Vitamin A (Beta-Carotene)                 | 1,875 IU                    | 75                | 3,750 IU                    | 75               |
| Vitamin C (Ascorbic Acid)                 | 150 mg                      | 375               | 300 mg                      | 500              |
| Vitamin D3 (Cholecalciferol)              | 100 IU                      | 25                | 200 IU                      | 50               |
| Vitamin E (d-Alpha-Tocopheryl Acetate)    | 16.5 IU                     | 165               | 33 IU                       | 110              |
| Thiamin (HCl) Vitamin B1                  | 5 mg                        | 714               | 10 mg                       | 667              |
| Riboflavin (Vitamin B2)                   | 5 mg                        | 625               | 10 mg                       | 588              |
| Niacinamide (Vitamin B3)                  | 10 mg                       | 111               | 20 mg                       | 100              |
| Vitamin B6 (Pyridoxal-5-Phosphate)        | 18.75 mcg                   | 2,679             | 37.5 mcg                    | 1,875            |
| Folic Acid (Calcium Folate)               | 150 mcg                     | 75                | 300 mcg                     | 75               |
| Vitamin B12 (Methylcobalamin)             | 5 mcg                       | 167               | 10 mcg                      | 167              |
| Biotin                                    | 75 mcg                      | 50                | 150 mcg                     | 50               |
| Pantothenic Acid (D-Calcium Pantothenate) | 7.5 mg                      | 150               | 15 mg                       | 150              |
| Calcium (Carbonate)                       | 50 mg                       | 6                 | 100 mg                      | 10               |
| Chromium (Nicotinate)                     | 12.5 mcg                    | **                | 25 mcg                      | 21               |
| Iodine (Potassium Iodide)                 | 25 mcg                      | 36                | 50 mcg                      | 33               |
| Magnesium (Lactate, Carbonate)            | 100 mg                      | 50                | 200 mg                      | 50               |
| Manganese (Gluconate)                     | 0.5 mg                      | **                | 1 mg                        | 50               |
| Selenium (Selenomethionine)               | 20 mcg                      | **                | 40 mcg                      | 57               |
| Zinc (Lactate)                            | 7.5 mg                      | 94                | 15 mg                       | 100              |
| Potassium (Bicarbonate)                   | 70 mg                       | **                | 135 mg                      | 4                |

\* Percent Daily Values (DV) are based on a 2,000-calorie diet.

\*\* Daily Value is not established.

**Other ingredients:** Fructose, citric acid, orange juice powder, passion fruit flavor, malic acid, orange flavor, mango flavor, silicon dioxide, rebaidioside A (stevia leaf), maltodextrin, natural vanilla flavor and Lo Han (fruit) extract.