

06F17NN



Lot No:

8 Best by:

Directions: Adult females take one (1) tablet daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts Serving Size 1 tablet. Vitamin A (as beta carotene, natural mixed carotenoids) 2,500 I.U. (50% DV). Vitamin C (as ascorbic acid, amla extract, acerola berry extract) 100 mg (167% DV). Vitamin D (D3)(as cholecalciferol) 800 I.U. (200% DV). Vitamin E (as d-alpha tocopheryl acid succinate) 50 I.U. (167% DV). Vitamin K (as phytonadione (K1), menaquinone (K2)) 81 mcg (101% DV). Thiamin (vitamin B1)(as thiamine hydrochloride, thiamine carboxylase chloride) 5 mg (333% DV). Riboflavin (vitamin B2)(as riboflavin, riboflavin 5' phosphate) 5 mg (294% DV). Niacin (as inositol hexanicotinate) 20 mg (100% DV). Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5' phosphate) 5 mg (250% DV). Folic Acid 400 mcg (100% DV). Vitamin B12 (as cyanocobalamin, methylcobalamin) 500 mcg (8,333% DV). Biotin (as d-Biotin) 300 mcg (100% DV). Pantothenic Acid (as calcium d-pantothenate, pantothen) 26 mg (260% DV). Calcium (as calcium hydroxyapatite, calcium ascorbate, calcium d-pantothenate, calcium fructoborate)† 220 mg (22% DV). Phosphorus (as calcium hydroxyapatite)† 102 mg (10% DV). Magnesium (as magnesium oxide, citrate)† 100 mg (25% DV). Zinc (as zinc monomethionine)† 5 mg (33% DV). Selenium (as sodium selenate)† 70 mcg (100% DV). Copper (as copper amino acid chelate [rice based])† 0.9 mg (45% DV). Manganese (as manganese amino acid chelate [rice based])† 2 mg (100% DV). Chromium (as chromium picolinate)† 50 mcg (42% DV). Molybdenum (as molybdenum amino acid chelate [rice based])† 25 mcg (33% DV). Potassium (as potassium citrate)† 10 mg (<1% DV). Proprietary Women's Health Blend: 200 mg (1" DV). Cranberry Plus Blend: Organic Cranberry, VitaBerry® Plus Fruit Blend [Grape Seed Extract, Wild Blueberry, Wild Bilberry, Cranberry, Tart Cherry, Prune, Raspberry Seed, Strawberry, Resveratrol (from *polygynon cuspidatum*)(root), Quercetin (from *sophora japonica*)(bark)(flower)], Pomegranate Concentrate, Ellagic Acid (from *punica granatum*)(peel). Calcium fructoborate (FruiteX B®)(providing 2 mg Boron). Ginger Extract 10:1 (rhizome). Fermented Organic Whole Food Blend: Organic Whole Vegetables (organic kale, organic pumpkin, organic red radish sprout, organic broccoli sprout, organic daikon radish sprout, organic collard green, organic spinach, organic beet, organic broccoli, organic pea). Organic Whole Fruit (organic cranberry, organic acai, organic blueberry, organic blackberry, organic raspberry, organic strawberry, organic tart cherry, organic pomegranate, organic banana, organic mango). Organic Whole Legumes and Grains (organic adzuki bean, organic red lentil bean, organic quinoa sprout powder, organic millet sprout). Organic Super Foods (organic ginger, organic chlorella, organic spirulina). Organic Aloe Vera (ACTiValoe®)(100% inner fillet of leaf). Enzyme Blend providing: Protease (from *Aspergillus oryzae*) 154 H.U. Amylase (from *Aspergillus oryzae*) 53 D.U. Lipase (from *rhizopus oryzae*) 1.5 L.U. Cellulase (from *Trichoderma longibrachiatum*) 0.62 C.U. Lactase (from *Aspergillus oryzae*) 23.45 Lac.U. Proprietary Probiotic Blend from: *Lactobacillus rhamnosus* 420,000 CFU**, *Lactobacillus acidophilus* 360,000 CFU**, *Bifidobacterium lactis* 300,000 CFU**, *Bifidobacterium longum* 120,000 CFU**. Inositol (as inositol, inositol hexanicotinate) 54 mg (1" DV). Sharp-PS® GOLD Conjugated PS-DHA (phosphatidylserine-docosahexaenoic acid complex) (from soy lecithin and fish extracts-blue whiting, herring)(standardized at 45% PS equal to 25 mg, 8% DHA as % PS-total fatty acids) 55 mg (1" DV). Betaine (as betaine hydrochloride) 38 mg (1" DV). Citrus Bioflavonoid Complex (from lemon, orange and grapefruit)(fruit) 25 mg (1" DV). Choline (from 30 mg choline bitartrate) 12 mg (1" DV). * Daily Value not established. **Viable cell count at the time of manufacture.

Other Ingredients: Cellulose, L-leucine, cellulose & glycerin coating, silica, gum arabic, sunflower oil, corn starch, maltodextrin, vegetable glaze, natural flavor. Contains milk, soy and fish (blue whiting, herring).

H.U. - Haemoglobin Units

D.U. - Dextrinizing Units

L.U. - Lipase Units

C.U. - Cellulase Units

Lac.U. - Lactase Units

† Country Life always labels minerals in elemental weight.

*** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CAUTION: If you are pregnant, nursing, diabetic, hypoglycemic, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children. This product has been manufactured at a GMP Registered facility.

Manufactured by Country Life, LLC
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FruiteX-B. chromaX. ACTiValoe

Dietary
Supplement

60 Tablets
2 Month Supply

— **Our PLEDGE of INTEGRITY** —
AUTHENTICITY • CLARITY • CREDIBILITY
CONSCIOUSNESS • ACCOUNTABILITY

1 DAILY WOMEN 50+
Certified Gluten-Free

One Tablet includes:

- 200+ mg of Women's Health Blend
- Over 30 Raw Whole Foods
- "Coenzymated" B Vitamins for Energy***
- AND Probiotics, Digestive Enzymes, and Aloe

MULTIVITAMINS

CORE
Daily-1

Country
Life