



NON-GMO GLUTEN FREE



Avurveda regards the mind as a gateway to wellness and developed many approaches to enhance its performance. This guidance is the foundation for MindCare®.

Gotu kola, Bacopa and Ashwagandha fit like puzzle pieces in this formula, each complementing the other to reduce mental fatigue, promote mental alertness. retention and recall*

Featured herbs on front: Bacopa (aerial parts).

GLUTEN FREE + cGMP + VEGAN FRIENDLY





HAPPINESS THROUGH WELLNESS

Crafting traditional medicines based on Avurveda, a 5,000 year old science that believes the journey back to wholeness begins with nurturing the capacity for joy.

Trusting the gifts of nature and the irreplaceable relationship between the plant and its native soil for consistent healing properties.

Contributing to the wellness of the earth by teaching our family of farmers to grow native plants sustainably on their land and reduce the demand on the local environment

Building communities by advocating women in farming, protecting fair prices, providing maternal health, sponsoring clinical services and offering school wellness programs.

Believing that if wellness is the path to happiness, we must contribute to the wellness of all things. Wellness of people, wellness of the environment, wellness of our communities.

FAMILY OWNED FOR MORE THAN 85 YEARS



Lot No:

Exp. Date:



120 VEGETARIAN CAPSULES

MINDCARE®

For mental sharpness & focus*

Recommended Use: Adults take 2 capsules twice daily with meals.

Supplement Facts Serving Size: 2 Capsules

Servings Per Container: 60 Amount Per Serving

Proprietary herbal blend

whole plants, ashwagancho' inoct, Indian valerian intizomes, almond oxeeds

cardamom (fruit), amla (fruit), ginger (thizome), chebulic myrobalan (fruit rind), clove flower budi, fennel (seed), curculigo (root), ariuna (bark), curculigo" (root), velvet (seed), cardamont 'druit, arjurat' (bank), femnet' (seed), finger-leaf-morning-glany' (buben, selvet bean (seed), ginger' (hizonne), beferic myrobalan' (fruit rind), nutmeg' (nut, clove' Blower bud), beferic myrobalan (huit rind)

Other Ingredients: Plant based cellulose (capsule) Contains: Almond

Manufactured by: The Himalaya Drug Company Makali, Bangalore 562 162 (INDIA)

Mfg. Lic. No. AUS-83 Distributed by: The Himalaya Drug Company 1101 Gillingham Lane. Sugar Land. Texas 77478

Questions? Please call 1-800-869-4640

or visit www.himalayausa.com

Caution: As with any supplement, consult a healthcare practitione use and consult a healthcare practitioner if any adverse reactions occur. Keep out of reach of children.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION, THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.