

Niacin (Vitamin B3) is required for the metabolism of carbohydrates and protein into energy.* Niacin also supports cardiovascular and nervous system health.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO YEAST, WHEAT OR SOY
YES CERTIFIED VEGAN BY THE AVA	NO MILK, SALT OR SUGAR
YES RECYCLABLE PACKAGING	NO PRESERVATIVES
YES MANUFACTURING SUPPORTS WIND POWER	NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
YES KOSHER-PARVE	NO GMOs
YES CERTIFIED HALAL BY IFANCA	

This product has been manufactured at a GMP Registered facility.

Lot No:



Best by:



Dietary Supplement

90 Tablets

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
Country
Life

NIACIN

500 mg

Certified Gluten-Free

- Supports energy*
- Helps support cardiovascular health*
- Supports healthy nervous system*

Directions: Adults take one (1) tablet immediately following a meal. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value	
Niacin	500 mg	2,500%
Calcium (as calcium carbonate)	36 mg	4%
Magnesium (as magnesium oxide)	30 mg	8%

Other Ingredients: Cellulose, magnesium stearate, cellulose & glycerin coating, stearic acid, silica, maltodextrin, vegetable glaze.

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

NOTICE: Use of this product may cause skin flushing, burning, itching, or rash. Do not take on an empty stomach.

CAUTION: FOLLOW LABEL DIRECTIONS. Do not take more than 500 mg of niacin per day or switch to more than 250 mg of sustained release niacin per day, except under supervision of a physician.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Manufactured by Country Life, LLC
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CountryLifeVitamins.com
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