

Active Ingredients per:	2 capsules	%RDA
Vitamin D3	2.5 µg	50 %
Vitamin C	40 mg	50 %
Vitamin B1	5.5 mg	500 %
Vitamin B2	0.7 mg	50 %
Niacin	8 mg	50 %
Vitamin B6	0.7 mg	50 %
Folic acid	100 µg	50 %
Vitamin B12	1.25 µg	50 %
Biotin	25 µg	50 %
Pantothenic acid	3 mg	50 %
Magnesium	37.5 mg	10 %
Iron	2.1 mg	15 %
Zinc	5 mg	50 %
Copper	0.5 mg	50 %
Manganese	2 mg	100 %
Selenium	27.5 µg	50 %
Chromium	20 µg	50 %
Choline	85 mg	*
Plant sterols	800 mg	*

RDA = Recommended Daily Allowance
*RDA not yet established.

No artificial flavours or sweeteners, no preservatives, no fillers. No milk, no lactose, no soya, no gluten, no wheat, no fish, no porcine. Suitable for vegetarians. Suitable for kosher and halal diet.



Directions for use:

adults 2-4 capsules daily with food. Cholesterol reduction claim arises with 4 capsules taken daily. Do not exceed recommended daily intake, unless advised by a healthcare practitioner.

Total dietary intake of plant sterols from foods and food supplements should not exceed 3g per day. This product is not intended for people who do not need to control their blood cholesterol levels.

Food Supplement

Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding or under medical supervision please consult a doctor before use.

Always read the leaflet.

Keep out of reach of children
Store in a cool dry place
senseproducts.co.uk

sense
promise

BEST BEFORE:

60 capsules BATCH No:

Get ready for tomorrow

BEST BEFORE END:

BATCH No:

sense
for cholesterol

Includes the sense promise (SP):

A high quality multivitamin complex comprised of 100% naturally found ingredients to help the body deal with 'day to day' pressures. It provides more than 50% of your recommended essential vitamins and minerals.



Directions for use: Adults 2-4 capsules daily with food. Cholesterol reduction claim arises with 4 capsules taken daily. Do not exceed recommended daily intake, unless advised by a healthcare practitioner.

Active Ingredients per:	2 capsules	% RDA	SP	SP %RDA
Vitamin D3	2.5 µg	50 %	2.5 µg	50 %
Vitamin C	40 mg	50 %	40 mg	50 %
Vitamin B1*	5.5 mg	500 %	0.55 mg	50%
Vitamin B2	0.7 mg	50 %	0.7 mg	50 %
Niacin	8 mg	50 %	8 mg	50 %
Vitamin B6	0.7 mg	50 %	0.7 mg	50 %
Folic acid	100 µg	50 %	100 µg	50 %
Vitamin B12	1.25 µg	50 %	1.25 µg	50 %
Biotin	25 µg	50 %	25 µg	50 %
Pantothenic acid	3 mg	50 %	3 mg	50 %
Magnesium	37.5 mg	10 %	37.5 mg	10 %
Iron	2.1 mg	15 %	2.1 mg	15 %
Zinc*	5 mg	50 %	5 mg	50 %
Copper	0.5 mg	50 %	0.5 mg	50 %
Manganese	2 mg	100 %	1 mg	50 %
Selenium	27.5 µg	50 %	27.5 µg	50 %
Chromium	20 µg	50 %	20 µg	50 %
Choline *	85 mg	*		
Plant sterols*	800 mg	*		

RDA = Recommended Daily Allowance.

* RDA not yet established.

Energy, fat, carbohydrate, protein negligible.

SP = sense promise multivitamin complex

*†A denote vitamins and minerals that give the health claims on front of pack.

✓ **Lowers cholesterol and contributes to normal cholesterol levels** thanks to plant sterols.

✓ **Contributes to normal fat metabolism** thanks to choline and zinc.

✓ **Supports heart health** thanks to vitamin B1.

✓ **Helps against oxidative stress** thanks to vitamin B2, vitamin C, copper, manganese, selenium and zinc.

✓ **Contributes to normal blood glucose levels** thanks to chromium.

Carefully manufactured in the UK using GMP quality standards by **sense products limited**.
Registered office: 8-9 Frith Street London W1D 3JB

www.senseproducts.co.uk

Food Supplement designed for those seeking healthy, balanced cholesterol levels



a natural multivitamin blend to help balance cholesterol

60 capsules

- Lowers cholesterol levels*
- Contributes to normal fat metabolism*
- Supports heart health*

Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle. If you are hypersensitive to vitamins, pregnant, breastfeeding or under medical supervision please consult a doctor before use. Always read the leaflet.

Total dietary intake of plant sterols from foods and food supplements should not exceed 3g per day. This product is not intended for people who do not need to control their blood cholesterol levels.

Keep out of reach of children.
Store in a cool dry place.

Net capsule content weight 734 mg

No artificial flavours or sweeteners, no preservatives, no fillers. No milk, no lactose, no soya, no gluten, no wheat, no fish, no porcine.

Suitable for vegetarians.

Suitable for kosher and halal diet.

Ingredients: Plant sterols (beta-sitosterol, campesterol, stigmasterol), Magnesium (magnesium citrate), Choline (choline bitartrate), Vitamin C (calcium ascorbate), Zinc (zinc citrate), Iron (iron bisglycinate), Niacin (nicotinamide), Manganese (manganese citrate), Vitamin B1 (thiamine hydrochloride), Selenium (selenium methionine), Pantothenic acid (calcium pantothenate), Copper (copper citrate), Vitamin D3 (cholecalciferol), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Chromium (chromium picolinate), Folic acid (folacin), Biotin, Vitamin B12 (cyanocobalamin), Capsule shell (hypromellose, water, carrageenan, potassium acetate).