

Vitamin B12 with Folic Acid helps convert carbohydrates, fats and proteins into energy.* B12 is essential for the production of red blood cells, which help to deliver oxygen throughout the body.* B12 also supports cardiovascular health.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG

YES CERTIFIED VEGAN BY THE AVA

YES RECYCLABLE PACKAGING

YES MANUFACTURING SUPPORTS

WIND POWER

YES KOSHER-PARVE

YES CERTIFIED HALAL BY IFANCA

Lot No:

NO YEAST OR WHEAT

NO SOY OR MILK

NO SALT

NO PRESERVATIVES

NO ARTIFICIAL COLORS,

FLAVORS OR SWEETENERS

NO GMOs

This product has been manufactured at a GMP Registered facility.

Best by:

08L17NL



Dietary
Supplement

100 Lozenges

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
**Country
Life**

**VITAMIN
B12**

with Folic Acid

500 mcg

Certified Gluten-Free

► Supports energy*



Directions: Adults allow one (1) lozenge to dissolve on tongue for 30 seconds before swallowing daily. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 lozenge

Amount Per Serving	% Daily Value	
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	500 mcg	8,333%

Other Ingredients: Sorbitol, dark sweet cherry fruit powder, cellulose, stearic acid, silica, magnesium stearate.

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken.

Store in a dry place between 59°-86° F.

Keep out of the reach of children.

Manufactured by Country Life, LLC
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CountryLifeVitamins.com
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