

Solgar® Standardized • Full Potency™ (SFP) Herbs are developed through a unique process that integrates the ideologies of both traditional herbalism and standardized herbal technology. To ensure consistent and reliable phytonutrient levels, we isolate a controlled amount of these important active plant compounds. Then, we blend these enhanced, "standardized" compounds with all of the components that occur naturally in the whole herb. The result is a potent, premium-quality standardized herbal extract with all of the synergistic and beneficial qualities found in nature.

Carefully Manufactured by:
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SOLGB78064 02C

PHYTO₂X®
SYSTEM



Since 1947

STANDARDIZED • FULL POTENCY™

ASHWAGANDHA

ROOT EXTRACT

(*Withania somnifera*)

HERBAL SUPPLEMENT

60 VEGETABLE CAPSULES
SUITABLE FOR VEGANS
GLUTEN, WHEAT & DAIRY FREE
Non-GMO



Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving

Standardized Ashwagandha Extract (root) (withanolides 4.5 mg [1.5%])	300 mg*
Ashwagandha Powder (root)	100 mg*

*Daily Value not established

Other Ingredients: Vegetable Cellulose, Microcrystalline Cellulose, Vegetable Magnesium Stearate, **Phyto₂X®** Blend (L-ascorbic acid, natural beta-carotene).

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

SUGGESTED USE: As an herbal supplement for adults, take one (1) vegetable capsule up to two times daily, preferably with meals or as directed by a healthcare practitioner.

Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Phyto₂X® is a special blend of antioxidants, the purpose of which is to maintain the freshness of the ingredients.

Solgar's KOF-K certification #K-1250

