

L-Theanine is an amino acid which is commonly found in green tea. It plays a key role in mood support by helping to improve GABA (gamma aminobutyric acid) levels. GABA is an inhibitory neurotransmitter important for nervous system function. Supplementation with L-Theanine can help maintain GABA levels, and promote a calm, relaxed mood.* This formulation provides Free Form, patented L-Theanine as Suntheanine® to promote optimal absorption and assimilation.*

Solgar's KOF-K certification #K-1250

Carefully Manufactured by:

Solgar, Inc., 500 Willow Tree Road
Leonia, NJ 07605 U.S.A.

For more information, call toll-free
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SOLGB72706 01C



L-THEANINE 150 MG

FREE FORM
MOOD SUPPORT*
PROMOTES RELAXATION*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS



60 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving

Suntheanine® 150 mg**

L-Theanine (Free Form)

**Daily Value not established

Other Ingredients: Vegetable Cellulose,
Microcrystalline Cellulose, Silica, Vegetable
Magnesium Stearate.

**FREE OF: Gluten, Wheat, Dairy, Soy,
Yeast, Sugar, Sodium, Artificial
Flavor, Sweetener, Preservatives
and Color.**

Suntheanine® is a registered trademark of
Taiyo International, Inc.

SUGGESTED USE: As a dietary
supplement for adults, take one
(1) vegetable capsule twice daily,
between meals, or as directed by a
healthcare practitioner.

If you are pregnant, nursing, taking any
medications or have a medical condition,
please consult your healthcare practitioner
before taking any dietary supplement.
Discontinue use and consult your healthcare
practitioner if any adverse reactions occur.
Keep out of reach of children. Store at room
temperature. Do not use if outer bottle seal is
missing or damaged.

*These statements have not been evaluated by the Food and Drug
Administration. This product is not intended to diagnose, treat, cure or
prevent any disease.

