

Vitamin World products are subject to critically stringent quality assurance analysis. Our state-of-the-art laboratory, manufacturing and packaging facilities insure the highest quality nutritional supplements money can buy. *Your health & safety are our first priority!*

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

TO REORDER PROD. # **5191**
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured by
Vitamin World, Inc.
Ronkonkoma, NY 11779 U.S.A.
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 **VITAMIN WORLD**
get healthy.

Fennel Seed



480 MG

*For use during
Digestion*

NATURAL WHOLE HERB ♦
Herbal Supplement

100
*Rapid Release
Capsules*

DIRECTIONS: For adults, take one (1) to four (4) capsules two to three times daily, preferably with meals. Capsules may be opened and prepared as a tea.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Fennel (<i>Foeniculum vulgare</i>) (seed)	480 mg *

*Daily Value not established.

Other Ingredient: Gelatin.

Vitamin World's Guarantee: We use only the finest quality herbs and spices. Each is screened and finely milled for quick release.

Vitamin World's preservative-free gelatin capsules contain pure milled herb powder.

♦ **Vitamin World's** Natural Whole Herb products utilize ground plant parts to provide the natural components in the amounts found in nature.

Fennel is known as a spice, but is also becoming a favorite holistic supplement known for its goodness.