

Supplement Facts

Serving Size 1 Packet (8g) Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	20	
Calories from Fat	5	
Total Fat	0.5g	1%
Sodium	10mg	<1%
Total Carbohydrate	8g	2%
Dietary Fiber	4g	16%
Protein	1g	
Vitamin A	350 IU	7%
Calcium	153mg	15%
Iron	6mg	34%
Appethyl™ Spinach <i>Spinacia oleracea</i> (Leaf) Extract	5g	†
LuraLean™ Glucomannan (<i>Amorphophallus</i> <i>konjac</i> K. Koch Fiber Root Extract)	1g	†
Organic Inulin	500 mg	†
Organic Pea Fiber	300 mg	†

†Daily Value not established. *Based on a 2,000 calorie diet.

Other Ingredients: Natural Flavors, Citric Acid, Stevia rebaudiana Leaf Extract, Red Beet Juice Powder (for color), Purple Carrot Root Powder (for color), Tapioca Starch.

Allergen Warning: This product was produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, and soybeans.

Prop 65 Warning: This product contains lead, a chemical known to the State of California to cause cancer, birth defects, and other reproductive harm.

Suggested Use: As a dietary supplement, mix the contents of one sachet with at least 8 oz of water, juice, or your favorite beverage and drink with or immediately before a meal.

Warning: Consult your physician prior to taking this product if you are pregnant, nursing, taking medication or have a medical condition.

100% Satisfaction Guaranteed

SatisFIVE® formulation patent pending.

Appethyl™ is a registered trademark of Greenleaf Medical AB SWEDEN.

LuraLean™ is a registered trademark of AHD International, LLC.

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Appethyl™: Natural Appetite Control from Spinach*

A salad is mostly water, so how does it make you feel full? Scientists at the University of Lund in Sweden found the answer in thylakoids, membrane proteins from the cells of green plants, in this case extracted from green leafy spinach. In the plant, they are part of the photosynthesis process. In your body, they help control hunger.* Taken with a meal, thylakoids bind to dietary fat to reduce the rate of fat digestion.+ In this way, they increase hormonal satiety signals such as CCK and leptin, and decrease hunger signals such as ghrelin.

Appethyl™ is the patented and clinically studied form of spinach thylakoids extract. Multiple clinical studies supporting Appethyl for suppressing appetite, reducing cravings, and as a weight loss ingredient.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MIXES EASILY IN JUICE, WATER OR SMOOTHIES



APPETITE CONTROL

For up to 5 hours of fullness*

Appetite control for weight loss*

Helps reduce hunger and cravings*

30 — 8g SINGLE SERVE SACHETS NET WT. 8.5 OZ (240g)



**NATURALLY FLAVORED
Fruit Punch & Greens**

DIETARY SUPPLEMENT

FIRST
QUALITY • SCIENCE • NUTRITION

SatisFIVE®: Up to Five Hours of Fullness*

Controlling hunger is a key element of any weight loss program.

SatisFIVE® is an advanced, multi-action blend with fibers plus thylakoids designed to promote a feeling of fullness for up to five hours, reduce hunger and cravings, and help you achieve your weight loss goals.*

Patented Appethyl™ green spinach extract contains thylakoids that bind to dietary fat to reduce the rate of fat digestion, increasing your body's satiety signals and decreasing hunger signals.

A special finely-ground root fiber called LuraLean™ creates a gel in the stomach that can bind dietary fat and carbohydrate and further help in weight management,* and organic pea fiber provides additional dietary fiber important for any weight loss program.*

Taken before a meal, SatisFIVE™ helps control appetite, reduce hunger and cravings, and produce a feeling of fullness for up to five hours.