Charcoal is commonly used as a digestive aid due to its adsorption qualities.**
In the digestive tract, Charcoal can provide some intestinal comfort by adsorbing gas produced from a meal.**

**** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

YES	CERTIFIED GLUTEN-FREE BY GFCO.ORG	**NO**	YEAST, CORN OR WHEAT
YES	CERTIFIED VEGAN BY THE AVA	**NO**	SOY OR MILK
YES	RECYCLABLE PACKAGING	**NO**	SALT OR SUGAR
YES	MANUFACTURING SUPPORTS WIND POWER	**NO**	PRESERVATIVES
		NO	ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
		NO	GMOs

Lot No: No Varnish

Best by:

This product has been manufactured at a GMP Registered facility.

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ESTABLISHED 1971

Country® Life

• NATURAL •

ACTIVATED CHARCOAL

260 mg

Certified Gluten-Free

- Digestive aid**
- Promotes adsorption of intestinal gas**

Dietary Supplement | **40 Vegan Capsules** | *Our* PLEDGE *of* INTEGRITY — AUTHENTICITY • CLEANLINESS • FRESHNESS CONSISTENCY • ACCURACY

Directions: Adults, take two (2) capsules 30 minutes before meals and then two (2) capsules after the meal. Take at least 1 hour after medications or other dietary supplements as it may reduce their effectiveness. Do not exceed twelve (12) capsules daily. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 capsules
Servings Per Container 20

Amount Per Serving	% Daily Value
Activated Charcoal 520 mg	*

* Daily Value not established.

Other Ingredients: Hypromellose (vegetarian capsule shell derived from pine tree cellulose), magnesium stearate.

CAUTION: Not for use by infants, children, pregnant or nursing women. If you are taking medication, have a medical condition or planning a surgery, consult a doctor before using this product. If any adverse reactions occur, stop taking the product and consult a doctor.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Manufactured for Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com • **Product No. 3491**
PRODUCT OF INDIA