

FREE OF: Gluten, Wheat, Dairy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

Vitamin E is an important, essential nutrient that is crucial for good health.* It is the body's primary fat-soluble antioxidant and appears naturally in several variant forms, called tocopherols. It is found in most vegetable oils, wheat germ, raw seeds and nuts, eggs, leafy vegetables and legumes. Vitamin E supports various bodily functions, including nutritional support for the immune system.* As an antioxidant, it helps fight cell-damaging free radicals that cause oxidative stress in the body, which may contribute to the premature aging of cells.* This formulation provides natural Vitamin E in a convenient dropper dosage form.

If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification #K-1250

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:
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SOLGB55350 04E


NATURAL

LIQUID VITAMIN E

**MIXED TOCOPHEROL
COMPLEX**

GLUTEN, WHEAT & DAIRY FREE

**Non-GMO
SUITABLE FOR VEGANS**



4 FL. OZ. (118 mL)

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: ¼ Teaspoon (1.25 mL)

Servings Per Container: about 94

Amount Per Serving		%DV
Calories	5	
Total Fat	1 g	1%**
Vitamin E (as d-Alpha Tocopherol)	301.5 mg	2,010%
Mixed Tocopherols (providing d-Beta, d-Gamma and d-Delta Tocopherols)	0.57 mg	***

****Percent Daily Values (DV) are based on a 2,000 calorie diet**

*****Daily Value (DV) not established**

Other Ingredients: Safflower Oil, Vegetable Oil.

SUGGESTED USE: SHAKE WELL before use. As a dietary supplement for adults, take ¼ teaspoon (1.25 mL) daily, preferably with a meal or as directed by a healthcare practitioner.

