

Given today's fast paced lifestyles, not everyone has the time to eat healthy.

Body Choice Smoothies are ideal for getting a Quick-Start on your day.

This delicious smoothie is made with real juice and is brimming with good for you nutrients like, whey protein, soluble fiber, and vitamin C.

Grab our fat-free smoothie anytime hunger prevails.

Body Choice Smoothies:

**Increase Energy[†]
Enhance Digestion[†]
Curbs Appetite[†]**

Directions:

Shake well, serve chilled. Refrigerate after opening.

Visit us at
BodyChoiceNutrition.com

For questions, contact
1-866-956-SLIM

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[†]The statements made herein have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

Body Choice

QUICK-START

Smoothie

**RICH IN
PROTEIN & FIBER**



**Protein 20g
Fiber 8g
per bottle**

**WILD MIXED BERRY
FLAVOR**
16 fl oz (473.18 ml)

Supplement Facts

Serving Size 8 fl. oz. (240 mL)
Servings Per Container 2

Amount Per Serving

Calories 120 Calories from Fat 0

% Daily Value*

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 15mg	1%
Potassium 65mg	2%
Phosphorus 20mg	2%
Total Carbohydrate 20g	7%
Dietary Fiber 4g	16%
Sugars 16g	

Net Carbohydrate 14g

Protein 10g

Vitamin A 0% • Vitamin C 100%

Calcium 6% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Potassium	3,500mg	3,500mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Water, Evaporated Cane Juice, Whey Protein Isolate, Soluble Fiber, Pectin, (Blackberry Juice, Blueberry Juice, Raspberry Juice, Strawberry Juice, Papaya Juice, Aloe Vera Leaf Juice, Fruit and Vegetable Juice, Concentrate), Citric Acid, Natural Flavors, Guar Gum, Ascorbic Acid, Sucralose.