



New and Improved Formula

Vita-Kids™

New Bear Shape!

Children's Chewable
Multi-Vitamin & Mineral
Dietary Supplement



**Douglas
Laboratories®**

100 Tablets

Supplement Facts

Serving Size 2 tablets • Servings Per Container 50

Amount Per Serving	%Daily Value†
Calories	8.5
Total Carbohydrate	2.3 g <1%
Sugars	1.9 g
Vitamin A (29% as Vitamin A/71% Natural Betatene supplying natural mixed carotenoids including Alpha & Beta- Carotene, Zeaxanthin & Cryptoxanthin)	3,500 IU 70%
Vitamin C (Corn Free)	250 mg 417%
Vitamin D-3	100 IU 25%
Vitamin E (as d-alpha Tocopheryl Succinate and mixed tocopherols including alpha, beta, delta and gamma tocopherols)	30 IU 100%
Thiamine	3 mg 200%
Riboflavin	1.7 mg 100%
Niacinamide/Niacin	25 mg 125%
Vitamin B-6	2 mg 100%
Folic Acid	400 mcg 100%
Vitamin B-12	6 mcg 100%
Biotin	300 mcg 100%
Pantothenic Acid	12 mg 120%
Calcium (from Calcium Citrate/Ascorbate Complex)	100 mg 10%

Amount Per Serving	%Daily Value†
Iodine (from Kelp)	15 mcg 10%
Magnesium (from Magnesium Aspartate/Ascorbate Complex)	40 mg 10%
Zinc (from Zinc Aspartate)	2 mg 13%
Selenium (from Selenium Amino Acid Chelate)	20 mcg 29%
Copper (from Copper Amino Acid Chelate)	0.2 mg 10%
Manganese (from Manganese Amino Acid Chelate)	2 mg 100%
Chromium chromax ** (from Chromium Picolinate)	40 mcg 33%
Molybdenum (from Molybdenum Amino Acid Chelate)	5 mcg 7%
Potassium (from Potassium Aspartate Complex)	10 mg <1%
Citrus Bioflavonoids	10 mg *
Boron (from Boron Citrate Complex)	20 mcg *
Vanadium (from Vanadium Krebs ***)	3 mcg *
Natural Orange-Mango Flavor	40 mg *

†Percent Daily Values are based on a 2,000
calorie diet. *Daily Value not established.

Other ingredients: Fructose/Sucrose (less than
5 calories per tablet), cellulose, sorbitol and
vegetable stearate.

This product contains NO yeast, wheat gluten,
soy protein, milk/dairy, corn, sodium, starch,
artificial coloring, preservatives or flavoring.

** **chromax** Trademark of Nutrition 21.

*** Krebs = Citrate, Fumarate, Malate,
Glutarate and Succinate Complex.

Suggested Usage:

As a dietary supplement, children take 2 tablets
daily or as directed by your healthcare
professional.

Manufactured by:
Douglas Laboratories
600 Boyce Road • Pittsburgh, PA 15205
www.douglaslabs.com

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a
cool, dry place. (59°-77°F/15°-25°C) (35-65%
relative humidity) Tamper resistant package,
do not use if outer seal is missing.

Meets Douglas Laboratories spec [#7060].
Conforms to USP <2091> for weight.
Meets USP <2040> for disintegration.

Formula #7060

