

Active Ingredients per:	2 capsules	%RDA
Vitamin D3	2.5 µg	50%
Vitamin C	540 mg	675%
Vitamin B1	24 mg	2,181%
Vitamin B2	4 mg	285%
Niacin	28 mg	175%
Vitamin B6	4 mg	285%
Folic acid	100 µg	50%
Vitamin B12	60 µg	2,400%
Biotin	60 µg	80%
Pantothenic acid	30 mg	500%
Chloride	60 mg	7.5%
Magnesium	56.25 mg	15%
Iron	2.1 mg	15%
Zinc	5 mg	50%
Copper	0.5 mg	50%
Manganese	1 mg	50%
Chromium	20 µg	50%
Selenium	40 µg	72%
Alpha Lipoic acid	24 mg	*
Amino acid complex		*

RDA = Recommended Daily Allowance
*RDA not yet established.

No artificial flavours or sweeteners, no preservatives.
No milk, no lactose, no soy, no gluten, no wheat,
no fish, no porcine. Suitable for vegetarians.
Suitable for kosher and halal diet.



Directions for use:
For daily routine: take 1 capsule 2-3 times daily with food.

On a 'night out': take up to 4 capsules before drinking and top-up during the 'night out' or when you get home so that you take one capsule per drink, subject to maximum daily dosage of 10 capsules.

Don't panic: take them all when you get home if it's the best that you can do.

If in doubt: take more rather than less to get best results. Maximum dosage is not intended for daily consumption.

Food Supplement

Food supplements must not be used as substitute for a varied and balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding or under medical supervision please consult a doctor before use.

Always read the leaflet.

Keep out of reach of children
Store in a cool dry place

senseproducts.co.uk

sense
promise

BEST BEFORE:

90 capsules BATCH No:

Get ready for tomorrow!

sense
for a night out

Includes the sense promise (SP):

A high quality multivitamin complex comprised of 100% naturally found ingredients to help the body deal with 'day to day' pressures. It provides more than 50% of your recommended essential vitamins and minerals.

BEST BEFORE END:

BATCH No:



Directions for use:

For daily routine: Adults 2-3 capsules daily with food.

On a 'night out': take up to 4 capsules before drinking and top-up during the 'night out' or when you get home so that you take a total of one capsule per drink, subject to maximum daily dosage of 10 capsules.

Don't panic: take them all when you get home if it is the best that you can do.

If in doubt: take more rather than less to get best results.

Active Ingredients per:	2 capsules	% RDA	SP	%RDA
Vitamin D3	2.5 µg	50%	2.5 µg	50%
Vitamin C**	540 mg	675%	40 mg	50%
Vitamin B1*	24 mg	2,181%	0.55 mg	50%
Vitamin B2**	4 mg	285%	0.7 mg	50%
Niacin**	28 mg	175%	8 mg	50%
Vitamin B6**	4 mg	285%	0.7 mg	50%
Folic acid*	100 µg	50%	100 µg	50%
Vitamin B12*	60 µg	2,400%	1.25 µg	50%
Biotin*	40 µg	80%	25 µg	50%
Pantothenic acid**	30 mg	500%	3 mg	50%
Chloride*	60 mg	7.5%		
Magnesium**	56.25 mg	15%	56.25 mg	15%
Iron*	2.1 mg	15%	2.1 mg	15%
Zinc*	5 mg	50%	5 mg	50%
Copper*	0.5 mg	50%	0.5 mg	50%
Manganese	1 mg	50%	1 mg	50%
Chromium*	20 µg	50%	20 µg	50%
Selenium	40 µg	72%	27.5 µg	50%
Alpha Lipoic acid	24 mg	*		
Amino acid complex		*		

RDA = Recommended Daily Allowance.

* RDA not yet established.

Energy, fat, carbohydrate, protein negligible.

SP = sense promise multi-vitamin complex

**†† denote vitamins and minerals that give the health claims.

✓ **Reduces tiredness and fatigue...** after a night out thanks to vitamins C, B2, B6, B12, folic acid, niacin & pantothenic acid, iron and magnesium

✓ **Balances your body's energy metabolism** thanks to vitamins C, B1, B2, B6, biotin, niacin, pantothenic acid, chromium, copper and zinc.

✓ **Contributes to electrolyte balance and rehydration** thanks to magnesium and chloride. Rehydration claim arises with 4 capsules taken.

✓ **Replenishes B vitamins, assisting the nervous system** thanks to vitamins C, B1, B6, B12, biotin & niacin, magnesium and copper.

✓ **Helps against oxidative stress** thanks to vitamin C, B2, copper, manganese, selenium and zinc.

Carefully manufactured in the UK using GMP quality standards by **sense products limited**.
Registered office: 8-9 Frith Street London W1D 3JB

www.senseproducts.co.uk

Food Supplement
designed to enhance the body's response to alcohol



a natural
multivitamin
blend for
people who
enjoy a drink

90 capsules

- Reduces tiredness and fatigue*
- Balances energy metabolism*
- Contributes to electrolyte balance and rehydration*

Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle. If you are hypersensitive to vitamins, pregnant, breastfeeding or under medical supervision please consult a doctor before use. Always read the leaflet.

Do not exceed maximum number of 10 capsules per day. Maximum dosage is not intended for daily consumption. Do not take maximum dosage more than once in a period of seven days.

Keep out of reach of children.
Store in a cool dry place.

Net capsule content weight 582 mg

No artificial flavours or sweeteners, no preservatives.
No milk, no lactose, no soy, no gluten, no wheat, no fish, no porcine.

Suitable for vegetarians.

Suitable for kosher and halal diet.

Ingredients: Vitamin C [ascorbic acid], Amino acid complex [L-cysteine, N-acetyl cysteine, L-reduced glutathione], Chloride [potassium chloride], Magnesium [magnesium oxide], Pantothenic acid [calcium pantothenate], Niacin [nicotinamide], Vitamin B1 [thiamine HCL], Alpha Lipoic acid, Iron [ferrous fumarate], Zinc [zinc oxide], Vitamin B6 [pyridoxine hydrochloride], Vitamin B2 [riboflavin], Manganese [manganese sulphate], Copper [cupric sulphate], Vitamin D3 [cholecalciferol], Chromium [chromium chloride], Folic acid, Selenium [sodium selenite], Vitamin B12 [cyanocobalamin], Biotin, Capsule shell [hypromellose, water, carrageenan, potassium acetate].