



Our cartons are made from 100% recycled fibers, including 40% post-consumer material. Our glass bottles contain at least 48% recycled content.

Ayurveda described blood sugar balance over 5,000 years ago, even associating it with digestion and the kidneys, mirroring the modern understanding of glucose metabolism.*

This guidance was the basis for formulating GlucoCare*. Among the herbs included are Bitter Melon and Turmeric, which support the pancreas and digestion to balance energy needs with sugar storage.*

Featured herbs on front: Triphala (Amla, Belleric myrobalan, Chebulic myrobalan dried fruits), Turmeric (rhizome) & Bitter melon (fruit)

GLUTEN FREE • cGMP • VEGAN FRIENDLY



WHEAT



CORN



SOY



DAIRY

No ingredients of animal origin

HAPPINESS THROUGH WELLNESS

Crafting traditional medicines based on Ayurveda, a 5,000 year old science that believes the journey back to wholeness begins with nurturing the capacity for joy.

Trusting the gifts of nature and the irreplaceable relationship between the plant and its native soil for consistent healing properties.

Contributing to the wellness of the earth by teaching our family of farmers to grow native plants sustainably on their land and reduce the demand on the local environment.

Building communities by advocating women in farming, protecting fair prices, providing maternal health, sponsoring clinical services and offering school wellness programs.

Believing that if wellness is the path to happiness, we must contribute to the wellness of all things. Wellness of people, wellness of the environment, wellness of our communities.

FAMILY OWNED FOR MORE THAN 85 YEARS

Lot No.:
Exp. Date:

Unvarnished area
28 x 8mm

Himalaya
SINCE 1930

GLUTEN FREE



Himalaya
SINCE 1930



GLUCOCARE®

Promotes blood sugar levels
Already within normal range*



INCLUDES
BITTER MELON
& TURMERIC



Herbal Supplement

90 VEGETARIAN CAPSULES

Recommended Use: Adults take 2 capsules twice daily before meals.

3 WEEK SUPPLY

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 45

Amount Per Serving

Proprietary herbal blend 606.02 mg*

Indian king tree (wood), boerhaavia (root), Cassia occidentalis (stem), gymnema (leaf, gymnema) (root), Indian kino tree (wood), Indian sphenanthus (flower), gambusia (seed), Cassia occidentalis (stem), gambusia (seed), levet cotton (seed), licorice (root), shatavari (root), boerhaavia (root), licorice (root), tribulus (fruit), Indian lemongrass (stem), Phyllanthus amarus (whole plant), Indian sphenanthus (flower), Indian lemongrass (stem), tribulus (fruit), Phyllanthus amarus (whole plant), Malay bush bean* (dark), levet cotton (seed), bitter melon (fruit), Malay bush bean (dark), shatavari (root), guggul (guggul-gum-resin), Shigella (mucous pitch), pepper (fruit), bitter melon (fruit), holy basil (leaf), aloe vera (leaf), Indian shatavari (root), Shigella (mucous pitch), aloe vera (leaf), turmeric (rhizome), pepper (fruit), holy basil (leaf), Indian shatavari (root), turmeric (rhizome), guggul (guggul-gum-resin), Rumea maritima (seed), Rumea maritima (seed)

Triphala herbal blend 8.84 mg*

amla (fruit), belleric myrobalan* (fruit), chebulic myrobalan* (fruit), amla (fruit), belleric myrobalan (fruit), chebulic myrobalan (fruit)

Trikatu herbal blend 5.14 mg*

pepper (fruit), long pepper (fruit), ginger (rhizome), pepper (fruit), long pepper (fruit), ginger (rhizome)

*Daily Value not established

Other Ingredients: Plant based cellulose (capsule)

Manufactured by: The Himalaya Drug Company
Makali, Bangalore 562 162 (INDIA)
Mfg. Lic. No. AUS-83

Distributed by: The Himalaya Drug Company
1101 Gillingham Lane, Sugar Land, Texas 77478
Product of India

Questions? Please call 1-800-869-4640
or visit www.himalayausa.com

Caution: As with any supplement, consult a healthcare practitioner before use if you are pregnant, nursing, taking medication, have a medical condition or are planning any medical procedure. Discontinue use and consult a healthcare practitioner if any adverse reactions occur. Keep out of reach of children.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.