

SOURCE NATURALS®

DIETARY SUPPLEMENT

**PURE
INOSITOL
CRYSTALS**

NET WT. 8 OZ. (226.8 GRAMS)

Supplement Facts

Serving Size 1/4 Teaspoon (Approx. 0.6 g)

Servings Per Container 378

Amount Per Serving

Inositol Crystals 600 mg†

†Daily Value not established.

Inositol is an essential component of the phospholipids that make up cellular membranes, and so is found in virtually every cell in the body. Recent research indicates that inositol helps establish healthy cell membranes which facilitate nerve impulses.*

Suggested Use: 1/8 to 1/4 teaspoon daily, mixed with water or juice between meals or at bedtime.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no starch, salt, preservatives, or artificial color, flavor or fragrance.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

SN0488 REV C172

Manufactured for:
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