

PLANETARY™
HERBALS

BUPLEURUM CALMATIVE COMPOUND™

CHINESE CLASSIC FOR SUPPORTING
A CENTERED CALMNESS*

560 MG • 240 TABLETS

HERBAL SUPPLEMENT
Formulated by
Michael Tierra L.Ac, O.M.D.

Michael Tierra

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 120

	Amount Per Serving	%DV
Calcium	57 mg	6%

Proprietary Blend: 1.1 g †
Dong Quai Root, Bai-Zhu Atractylodes Rhizome,
Chinese Peony Root, Poria Sclerotium, Ginger Root
Extract, Licorice Root Extract, Chinese Mint Aerial
Parts, and Bupleurum Root Extract.

†Daily Value not established.

Other ingredients: dibasic calcium phosphate, stearic acid,
modified cellulose gum, and silica.

Suggested Use: 2 tablets twice daily between meals.

WARNING: Do not use if you are pregnant, may
become pregnant, or breastfeeding. If you are tak-
ing Interferon or any other prescription drug, con-
sult your physician before using this product.

Planetary Herbsals **BUPLEURUM CALMATIVE
COMPOUND™** is based on a classic Chinese herbal
preparation (*Xiao Yao Wan*) which has been known
under various names, such as "Relaxed Wanderer"
and "Free and Relaxed Pills". It was developed in the
Song Dynasty (960-1279) almost 875 years ago.
Especially useful for premenstrual and menopausal
ups and downs, it has remained one of Chinese
herbalism's most valued formulas for supporting a
calm state of emotional well-being.*

STORE IN A COOL, DRY PLACE.

**Do not use if either tamper-evident seal is broken
or missing. Keep out of the reach of children.**

***These statements have not been evaluated by
the Food and Drug Administration. This product
is not intended to diagnose, treat, cure or pre-
vent any disease.**

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Manufactured for:
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