

SOURCE NATURALS®



DIETARY SUPPLEMENT

# TRUE WHEY™

PREMIUM PROTEIN POWDER

NET WT. 32 OZ. (907 GRAMS)

**TRUE WHEY™** is a superior source of complete, biologically active, immunity-boosting protein. It's easy to mix and tastes great, a powerful addition to your daily health regimen.\*

• **Unique production, superior quality**

TRUE WHEY is a non-denatured whey protein concentrate, produced to maintain the fragile, immune-boosting, and regenerative components naturally present in fresh milk. Highly digestible, whey has one of the highest biological values of any protein source.\*

• **Non-denatured, preserves the natural proteins and immunoglobulins**

Traditionally, whey is formed from the liquids that separate from the milk solids in the cheese-making process. Often, the process involves high temperatures and acidic conditions that may denature the nutrients. TRUE WHEY, however, is made from a unique, proprietary process that preserves the nutrients of the whey. In each 11 grams, you receive 8 grams of protein, 40 mg calcium, 60 mg potassium, and 30 mg phosphorus.

• **Whole protein, not protein isolates**

Intact, biologically-active proteins support your immune system, regulate the use of minerals in the body, protect the digestive tract, and protect your body from oxidative stress.\*

• **Healthy nutrients**

The typical American diet is glutted with refined sugars, carbohydrates, and fats which can have a significant impact on your health. To balance these influences and support normal weight, energy levels and overall health, each 11 grams contains 73% protein and only 40 calories, 6% total fat, 3% saturated fat, and 8% carbohydrates.\*

• **Made from milk from contented cows, no bovine growth hormones or pesticides**

The milking cows are grass fed and never subjected to any growth hormone treatment, chemicals, pesticides, or genetically modified organisms (GMO's). We don't want that stuff in our bodies; you don't want it in yours.

... there is only one TRUE WHEY.

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

Contains no yeast, egg, gluten, corn, soy or wheat. Contains no starch, preservatives, or artificial color, flavor or fragrance.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



## Supplement Facts

Serving Size 1 Scoop (Approximately 11 grams)

Servings Per Container 82

	Amount Per Serving	%DV
Calories	40	
Calories from Fat	5	
Total Fat	0.5 g	1%*
Cholesterol	15 mg	4%
Total Carbohydrate	1 g	<1%*
Sugars	1 g	†
Protein	8 g	16%*
Calcium	40 mg	4%
Phosphorus	30 mg	<1%
Sodium	20 mg	1%
Potassium	60 mg	2%
Whey Protein Concentrate	11 g	†

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: natural vanilla flavor, and stevia.

**Contains milk.**

**Suggested Use:** Blend one scoop (11 grams) into your favorite cold beverage. Add ice and blend with fruit or yogurt for a delicious smoothie.

**CAUTION:** If you are allergic to dairy products or are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

STORE IN A COOL, DRY PLACE.

Manufactured for:  
© SOURCE NATURALS, INC.  
P.O. BOX 2118  
SANTA CRUZ, CA 95062  
www.sourcenaturals.com

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