

Suggested Use

Adults take 2 teaspoons daily before or after exercise. Mix into a smoothie, juice or protein shake. Also consider taking the *Turmeric Supreme* line.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety-sealed for your protection. Keep canister closed at all times and store in a cool, dry place.

meet your herbs

Track the purity, integrity and potency of this product by entering the ID# at MeetYourHerbs.com

Plant-based support for active bodies*

TurmericBoost Sport combines Turmeric, Quercetin and Boswellia to support a healthy inflammatory response throughout the body, promote endurance and assist recovery.* For healthy joint support, the optimal amount of Black Pepper extract aids the absorption of the Curcumin in Turmeric.* The formula also provides a nourishing prebiotic blend to help maintain a healthy gut microbiome and wellness.*

- 100% Vegan
- Gluten-free
- No GMOs
- Purity-tested

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



turmeric boost

SPORT

- Everyday Support for Endurance, Recovery & Joint Health* -

DIETARY SUPPLEMENT NET WT 5.29 oz (150 g)

Supplement Facts

Serving Size 2 teaspoons (6 g) Servings Per Container 25

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	20	Real Vanilla Chai	2,006 mg †
Total Carbohydrate	5 g 2%*	Prebiotic Blend	
Dietary Fiber	1 g 6%*	FOS (fructooligosaccharides) †, Organic Cardamom seed (Elettaria cardamomum), Allspice berry † (Pimenta dioica), Organic Cinnamon bark, Organic Ginger root (Zingiber officinale), Organic Star Anise pods (Illicium verum), Vanilla bean † (Vanilla planifolia)	
Sodium	5 mg <1%		
Sport Boost Blend	2,246 mg †		
Organic Turmeric root (Curcuma longa), Boswellia gum resin extract †, Organic Beet root juice powder (Beta vulgaris), Quercetin, Green Tea leaf extract † (Camellia sinensis), Turmeric root extract † (Curcuma longa), Black Pepper fruit extract † (Piper nigrum)			

Other ingredients: Organic maltodextrin (non-GMO) † = Ecologically harvested

Manufactured for: Gaia Herbs, Inc.
101 Gaia Herbs Dr., Brevard, NC 28712

Contains no more than 3 mg of caffeine derived from Green Tea per serving.



(801) 863-4916