

MRI Mind to Muscle™ is formulated to fire-up neurological activity to bridge the mind-to-muscle connection. It helps you focus so you can train harder and longer.*



AlphaSize® supports the production of acetylcholine, a neurotransmitter which helps support brain function and enhances mental sharpness*



CarnoSyn® is a premium beta-alanine that optimizes muscular power output*



Caffeine and **Theanine** work together to increase energy and alertness while significantly reducing the jittery feeling so you can stay motivated from start to finish*



Potassium Bicarbonate and **Magnesium** help reduce muscle fatigue and speed up recovery*



L-Arginine helps increase blood flow which promotes delivery of oxygen and nutrients to the muscles*

Accelerate your workout performance by taking a scoop of **Mind to Muscle™** 15-30 minutes before exercising. Use **Mind to Muscle™** continuously for at least 4-6 weeks to get the best results.*



THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

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MRI®

PRE-WORKOUT

MIND TO MUSCLE™

MENTAL INTENSITY AND FOCUS¹
BOOST OF CLEAN ENERGY²
DELAY MUSCLE FATIGUE³

BLUEBERRY LEMONADE

DIETARY SUPPLEMENT
25 SERVINGS | NET WT. 13.23 OZ (375 G)

**ACCELERATE
WORKOUT
PERFORMANCE¹**

DIRECTIONS: Dissolve 1 scoop of powder into 8 ounces of cold water and drink 15-30 minutes before your workout.

SUPPLEMENT FACTS

Serving Size 1 Scoop (15 g)
Servings Per Container 25

	Amount Per Serving	% Daily Value*
Calories	30	
Total Carbohydrates	8 g	4%
Alubiquin (Vitamin B2)	2 mg	120%
Vitamin B6 (as Pyridoxine Hydrochloride)	30 mg	1500%
Phosphorus (from Dicalcium Phosphate)	60 mg	6%
Magnesium (as Magnesium Oxide)	300 mg	80%
Sodium (from Dicalcium Phosphate and Sodium Bicarbonate)	130 mg	5%
Potassium (from Potassium Bicarbonate)	340 mg	70%
Mind Blend for Focus & Intensity	1450 mg	**
L-Tyrosine	500 mg	
Choline Bitartrate	250 mg	
AlphaGlyc® Alpha-Glyceryl Phosphoryl Choline (90%)	200 mg	
Caffeine	200 mg	
N-Acetyl-L-Carnitine Hydrochloride	100 mg	
L-Theanine	100 mg	
Mucuna pruriens (seed) Standardized Extract (10% L-Dopa)	100 mg	
Muscle Blend for Strength & Endurance	4200 mg	**
L-Arginine Alpha-Ketoglutarate	1500 mg	
Potassium Bicarbonate	900 mg	
CarnoSyn® Beta-Alanine	900 mg	
Medium Chain Triglycerides 70% Blend	300 mg	
Malic Acid	300 mg	
Dicalcium Phosphate	250 mg	
Sodium Bicarbonate	200 mg	

*Percent Daily Values are based on a 2,000-calorie diet
**Daily Value not established

OTHER INGREDIENTS: Maltodextrin, Citric Acid, Natural Flavor, Silicon Dioxide, Calcium Silicate, Sucralose, FD&C Blue #1.

Contains Soy

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Yeast.



Made in USA with globally sourced ingredients.

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WARNING: Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating. Each serving contains as much caffeine as about 2 cups of coffee. Limit the use of caffeine-containing medication, foods or beverages while taking this product. Too much caffeine may cause nervousness, irritability, sleeplessness and occasionally rapid heartbeat. This product is not intended or recommended for children and those sensitive to caffeine.

CALIFORNIA PROPOSITION

65 WARNING: This product contains a chemical known to the State of California to cause cancer and birth defects or other reproductive harm.

Store in a cool, dry place.
Keep out of reach of children.



AlphaSize® is a registered trademark of Chemo Nutra.



Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®