

**SOURCE NATURALS®**



DIETARY SUPPLEMENT

# TAURINE

**CALMING NEUROTRANSMITTER\***

**500 MG • 120 TABLETS**

## Supplement Facts

**Serving Size 1 Tablet**

|         | Amount Per Serving |
|---------|--------------------|
| Taurine | 500 mg†            |

†Daily Value not established.

Other ingredients: sorbitol, stearic acid, colloidal silicon dioxide, modified cellulose gum, and magnesium stearate.

Taurine is a crystalline, free-form amino acid. It is a soothing, inhibitory neurotransmitter and plays a major role in stabilizing the heartbeat and electrical activity of the nerves.\*

Taurine is also necessary for the proper functioning of the "sodium/potassium ATP-ase pump", which regulates the ion balance between the cells and the extracellular fluid that surrounds them. This critically important "pump" actually uses 7% to 40% of the ATP energy our bodies produce.\*

**Suggested Use:** 1 tablet daily.

**NOTE:** If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

SN1281 REV C111

Manufactured for:  
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