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Manufactured in the USA by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com
1.800.245.4440

Other ingredients: Gelatin (capsule), medium chain triglycerides, glycerin, caramel color, titanium dioxide, purified water and pharmaceutical glaze

Suggested Usage: As a dietary supplement, adults take 1 to 2 softgels daily, or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

PHS

Phosphatidyl Serine

A Dietary Supplement



60 Softgels

Supplement Facts

Serving Size 1 softgel
Servings Per Container 60

Amount Per Serving	%DV
Calories	5
Calories from fat	4.5
Total Fat	0.5 g 1%**
Phosphatidylserine	100 mg *
(from soy)	
Phosphatidylcholine.....	45 mg *
(from soy)	
Phosphatidylethanolamine.....	10 mg *
(from soy)	
Phosphatidylinositol	5 mg *
(from soy)	

*Daily Value not established.

**Percent Daily Values based on a 2,000 calorie diet.