

gaia[®]
HERBS

Made with Real
Chai Ingredients

turmeric boost



restore

Your everyday whole
body support*

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DIETARY SUPPLEMENT

NET WT 0.16 oz (4.5 g)

Supplement Facts

Serving Size 1 Packet
Servings Per Container 1

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Calories	15		Chai Prebiotic Blend	3,653 mg	†
Total Carbohydrate	4 g	1%*	FOS (fructooligosaccharides) †, Organic Cardamom seed (<i>Elettaria cardamomum</i>), Allspice berry † (<i>Pimenta dioica</i>), Organic Cinnamon bark, Organic Ginger root (<i>Zingiber officinale</i>), Organic Star Anise pods (<i>Illicium verum</i>), Holy Basil leaf extract † (<i>Ocimum sanctum</i>)		
Dietary Fiber	less than 1 g	3%*			
Curcumin Blend	835 mg	†			
Organic Turmeric root (<i>Curcuma longa</i>), Turmeric root extract † (<i>Curcuma longa</i>)					
Curcumins 42 mg†					
Black Pepper fruit extract	13 mg	†			
† (<i>Piper nigrum</i>)					

† = Ecologically harvested

Manufactured for: Gaia Herbs, Inc.
101 Gaia Herbs Drive, Brevard, NC 28712

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Suggested Use

Adults take 1 packet daily. Add to your favorite milk or smoothie. Mix well and enjoy! **Vegan. Unsweetened.**

*Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety-sealed for your protection. Store in a cool, dry place.*

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Track the purity, integrity and potency of this product by entering the ID# at GaiaHerbs.com

(003) 950-0317

