

gaia[®]
HERBS

Made with Real
Chai Ingredients

turmeric *boost*



restore

Your everyday whole
body support*

Quick, easy & delicious recipes
at GaiaHerbs.com/Recipes

DIETARY SUPPLEMENT

NET WT 0.16 oz (4.5 g)

Supplement Facts

Serving Size 1 Packet
Servings Per Container 1

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	4 g	1%*
Dietary Fiber	less than 1 g	3%*
Curcumin Blend	835 mg	†
Organic Turmeric root (<i>Curcuma longa</i>), Turmeric root extract † (<i>Curcuma longa</i>)		
Curcumins 42 mg†		
Black Pepper fruit extract	13 mg	†
† (<i>Piper nigrum</i>)		

	Amount Per Serving	% Daily Value
Chai Prebiotic Blend	3,653 mg	†
FOS (fructooligosaccharides) †, Organic Cardamom seed (<i>Elettaria cardamomum</i>), Allspice berry † (<i>Pimenta dioica</i>), Organic Cinnamon bark, Organic Ginger root (<i>Zingiber officinale</i>), Organic Star Anise pods (<i>Illicium verum</i>), Holy Basil leaf extract † (<i>Ocimum sanctum</i>)		

* Percent Daily Values are based on a 2,800 calorie diet.
† Daily Value not established

† = Ecologically harvested

Manufactured for: Gaia Herbs, Inc.
101 Gaia Herbs Drive, Brevard, NC 28712

* These statements have not been evaluated
by the Food and Drug Administration. This
product is not intended to diagnose, treat,
cure, or prevent any disease.

Suggested Use

Adults take 1 packet daily. Add to your
favorite milk or smoothie. Mix well
and enjoy! **Vegan. Unsweetened.**

*Not to be used during pregnancy or lactation. If you have a medical
condition or take medications, please consult with your doctor before
using this product. Keep away from children. Use only as directed
on label. Safety-sealed for your protection. Store in a cool, dry place.*

⚠ WARNING: Consuming this product can expose you to lead, which is known to the State of California to cause
birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

meet your herbs[®]

Track the purity, integrity and potency
of this product by entering the ID# at
GaiaHerbs.com

(0003) 950-0317

