

Suggested Use

Adults take 1 capsule 2 times daily between meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place.

The Gaia Difference

-  Plant-derived capsule
Approved for organic use
-  100% vegetarian, dairy-free,
no gluten-containing ingredients
-  Laboratory tested for purity
Free of heavy-metal toxicity

AMLA FRUIT

gaia
HERBS

DailyWellness™

Triphala
Fruit

Healthy digestion
& elimination*

meetyourherbs®
Enter ID# at GaiaHerbs.com

60 VEGETARIAN CAPSULES
DIETARY SUPPLEMENT

Made
With
Organic
Triphala

BEST BY
Enter ID# at GaiaHerbs.com

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving

Triphala fruit blend 1:1:1 ▲ 500 mg†
Amla fruit ▲ (Phyllanthus emblica), Beleric
Myrobalan fruit ▲ (Terminalia Belierica), Chebulic
Myrobalan fruit ▲ (Terminalia chebula)

† Daily Value not established

Other ingredients: Vegetable capsule (pullulan)

▲ = Certified Organic Ingredient

Gaia Herbs, Inc. www.gaiaherbs.com
101 Gaia Herbs Drive, Brevard, NC 28712

Certified Organic by Oregon Tilth

0002 780-0315



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post consumer material. Our amber glass bottles contain at least 30% recycled content.



BEST BY:

[002] 780-0315

DailyWellness™

Longevity and vitality come naturally when your body is in a state of harmony. Gaia Herbs' DailyWellness™ products promote optimal wellness by giving you the daily support you need.*

Triphala Fruit

Triphala is a gentle, traditional Ayurvedic formula comprised of an equal blend of three fruits. The blend is known for its synergistic and mild support for healthy digestion and cleansing.* As a supplement which is often used daily, Gaia Herbs chooses to source only certified organic Triphala to ensure the purity needed in a cleansing support product.*

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HERBS

DailyWellness™

Triphala
Fruit

Healthy digestion
& elimination*

Supports gentle detoxification*
Antioxidant properties*

Maintains normal regularity*
Ayurvedic digestion tonic*

meetyourherbs®
SEE BACK OF BOX TO LEARN HOW

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gaia[®] plant
HERBS intelligence[®]

GAIA FARM
BREVARD, NC

At Gaia Herbs' 250-acre certified organic farm and our on-site analytical lab – we plant, grow, harvest and research to optimize best practices in certified organic cultivation of over 40 crops annually.

meetyourherbs®

Track the life story of each herb in your bottle by entering its ID# at GaiaHerbs.com.

PURITY: Trace the origin of each herb back to its source.

INTEGRITY: See analytical results for this product.

POTENCY: Validate each herb's full phytochemical complex.