RECOMMENDATIONS:

Adults take 2 capsules in the morning and 1 capsule in the evening between meals or as directed by your health

care provider. Not recommended during pregnancy or nursing without consulting your health care provider prior to use. **Keep away from children**. Safety sealed

- for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.
- . Contains no animal by-products and no gelatin . Tested FREE of Heavy Metal Toxicity
- . Liquid Phyto-Caps® deliver a concentrated liquid herbal extract in a 100% vegetarian capsule.
- * This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat. cure, or prevent any disease.





THYROID SUPPORT'

Liquid Phyto-Caps®

Purity. Integrity. Potency.

60 LIQUID-FILLED CAPSULES • 100% VEGETARIAN A DIETARY SUPPLEMENT

Supplement Facts Serving Size 2 Capsules

	Amount Per Serving	% D Val
Calories lodine (from Proprietary Seaweed Ble	10 nd) 100 mcg	67
L-Tyrosine	200 mg	- 1
Ashwagandha root extract + (Withania somnifera)	80 mg	- 1
Proprietary Seaweed Blend Kelp fronds + (Laminaria digitata), Brown Seaweed fronds +	100 mg	†
Proprietary Extract Blend Coleus forskohlii + (Coleus forskohlii) Schisandra berry + (Schisandra chin		Ť

†Daily Value not established Other ingredients: Vegetable glycerin, lecithin (non-GMO, water, and capsule (chlorophyll vegetable cellulose)

Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC USA 28712 Each 2 capsules contain 1,800 mg dry herb equivalent.