

Supplement Facts

Serving Size 3 Tablets Servings Per Container 30

Amount Per	Serving	%DV
Calories	10	
	12,500 IU	250%
Vitamin C (as ascorbic acid & ascorbyl palmitate)	500 mg	833%
Vitamin D-3 (as cholecalciferol)	400 IU	100%
Vitamin E (as p-alpha tocopheryl succinate)	200 IU	667%
Vitamin K-1 (as phytonadione)	120 mcg	150%
Thiamin (vitamin B-1)	50 mg	3,333%
Riboflavin (vitamin B-2)	50 mg	2,941%
Niacinamide 35 mg & Niacin 15 mg	50 mg	250%
Vitamin B-6 (as pyridoxine HCI	50 mg	2,500%
& pyridoxal-5'-phosphate [Coenzymated™])		
Folate (as folic acid & calcium folinate)	400 mcg	100%
Vitamin B-12 (as methylcobalamin)	200 mcg	3,333%
Biotin	400 mcg	133%
Pantothenic Acid (as calcium p-pantothenate & pantethine)	55 mg	550%
Calcium (as calcium carbonate & dicalcium malate)	200 mg	20%
lodine (as potassium iodide)	100 mcg	67%
Magnesium (as magnesium chelate, oxide, & succinate)	200 mg	50%
Zinc (as monomethionine [OptiZinc®] & zinc citrate)	15 mg	100%
Selenium (as selenomethionine & sodium selenite)	100 mcg	143%
Copper (as copper citrate)	1 mg	50%
Manganese (as manganese citrate)	3 mg	150%
Chromium (as chromium polynicotinate [ChromeMate®] & picolinate)		83%
Molybdenum (as molybdenum chelate)	100 mcg	133%
Sodium	10 mg	<1%
Potassium (as potassium citrate)	50 mg	1%

N-Acetyl Cysteine	100 mg†	MSM	25 mg†
N-Acetyl D-Glucosamine	100 mg†	(Methylsulfonylmethane [OptiMSM®])	
Horsetail Aerial Parts Ext.	100 mg†	Hawthorn Berry Ext.	25 mg†
Cranberry Fruit	100 mg†	N-Acetyl-L-Tyrosine	25 mg†
Green Tea Leaf Extract	75 mg†	Turmeric Rhizome Extract	25 mg†
gamma-Vitamin E Complex	67 mg†	Quercetin Coenzyme Q10	25 mg† 20 mg†
Silymarin (from milk thistle seed ext.)	60 mg†	Ginkgo Leaf Extract	20 mg†
Bromelain	60 mg†	Diindolylmethane (DIM)	20 mg†
Choline (as bitartrate)	50 mg†	Bilberry Fruit Extract	15 mg†
Inositol	50 mg†	Tocotrienol Complex (EVNolMax™)	10 mg†
Butcher's Broom Root	50 mg†	Rutin	5 mg†
alpha-Lipoic Acid & R-Lipoic Acid	40 mg†	Black Pepper Fruit Ext. (BioPerine®)	3 mg†
DMAE (as bitartrate)	30 mg†	Lycopene Boron (as amino acid chelate)	3 mg† 2 mg†
Guggul Ext. (10% guggulsterones)	30 mg†	Lutein	2 mg†
Grape Seed Ext. (Proanthodyn™)	30 mg†	Astaxanthin	100 mcg†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet. †Daily value not established.

Other ingredients: stearic acid, modified cellulose gum, silica, and acacia gum.

Contains sov.

Directions: 3 tablets 1 to 2 times daily with meals. This product is intended for women. WARNING: Not for use by men or those taking any form of prescription nitrate such as nitroglycerin. If you are pregnant, may become pregnant, become pregnant, become pregnant, become pregnant, become pregnant, and you are diabetic, have a blood coagulation disorder, or are regularly taking any drug such as acetaminophen, warfarin (Coumadin®), or heparin, consult your physician before using this product. Men should take Mens Life Forceth Multiple or Life Forceth Multiple.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children

*These statements have not been evaluated by the Food and Drug Administration. This