



\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily value not established

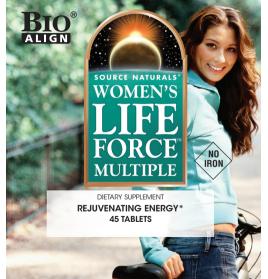
Other ingredients: stearic acid, modified cellulose gum, silica, and acacia gum.

Contains soy.

Directions: 3 tablets 1 to 2 times daily with meals. This product is intended for women. WARNING: Not for use by men or those taking any form of prescription nitrate such as nitroglycerin. If you are pregnant, may become pregnant, breastfeeding, or if you are diabetic, have a blood coagulation disorder, or are regularly taking any drug such as acetaminophen, warfarin (Coumadin®), or heparin, consult your physician before using this product. Men should take Men's Life Force™ Multiple or Life Force™ Multiple.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children. \*These statements have not been evaluated by the Food and Drug Administration. This

product is not intended to diagnose, treat, cure or prevent any disease.



## Supplement Facts

Serving Size 3 Tablets Servings Per Container 15

Amount Per	Serving	%DV
Calories	10	
Vitamin A (as beta-carotene 10,000 IU & palmitate 2,500 IU)	12,500 IU	250%
Vitamin C (as ascorbic acid & ascorbyl palmitate)	500 mg	833%
Vitamin D-3 (as cholecalciferol)	400 IU	100%
Vitamin E (as p-alpha tocopheryl succinate)	200 IU	667%
Vitamin K-1 (as phytonadione)	120 mcg	150%
Thiamin (vitamin B-1)	50 mg	3,333%
Riboflavin (vitamin B-2)	50 mg	2,941%
Niacinamide 35 mg & Niacin 15 mg	50 mg	250%
Vitamin B-6 (as pyridoxine HCI	50 mg	2,500%
& pyridoxal-5'-phosphate [Coenzymated™])		
Folate (as folic acid & calcium folinate)	400 mcg	100%
Vitamin B-12 (as methylcobalamin)	200 mcg	3,333%
Biotin	400 mcg	133%
Pantothenic Acid (as calcium p-pantothenate & pantethine)	55 mg	550%
Calcium (as calcium carbonate & dicalcium malate)	200 mg	20%
lodine (as potassium iodide)	100 mcg	67%
Magnesium (as magnesium chelate, oxide, & succinate)	200 mg	50%
Zinc (as monomethionine [OptiZinc®] & zinc citrate)	15 mg	100%
Selenium (as selenomethionine & sodium selenite)	100 mcg	143%
Copper (as copper citrate)	1 mg	50%
Manganese (as manganese citrate)	3 mg	150%
Chromium (as chromium polynicotinate [ChromeMate®] & picolinate)		83%
Molybdenum (as molybdenum chelate)	100 mcg	133%
Sodium	10 mg	<1%
Potassium (as potassium citrate)	50 mg	19