

## Supplement Facts

Serving Size 3 Tablets Servings Per Container 60

Amount	Per Serving	%DV
Calories	10	
Total Carbohydrates	1 g	<1%*
Vitamin A (as beta-carotene 10,000 IU & palmitate 2,500 IU)	12,500 IU	250%
Vitamin C (as ascorbic acid & ascorbyl palmitate)	500 mg	833%
Vitamin D-3 (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU	667%
Vitamin K-1 (as phytonadione)	120 mcg	150%
Thiamin (vitamin B-1)	50 mg	3,333%
Riboflavin (vitamin B-2)	50 mg	2,941%
Niacinamide 35 mg & Niacin 15 mg	50 mg	250%
Vitamin B-6 (as pyridoxine HCI	50 mg	2,500%
& pyridoxal-5'-phosphate [Coenzymated™])		
Folate (as folic acid & calcium folinate)	400 mcg	100%
Vitamin B-12 (as methylcobalamin)	200 mcg	3,333%
Biotin	400 mcg	133%
Pantothenic Acid (as calcium p-pantothenate & pantethine)	55 mg	550%
Calcium (as calcium carbonate & dicalcium malate)	200 mg	20%
Iron (as Ferrochel® ferrous bis-glycinate chelate)	6 mg	33%
lodine (as potassium iodide)	100 mcg	67%
Magnesium (as magnesium oxide, chelate & succinate)	200 mg	50%
Zinc (as monomethionine [OptiZinc®] & zinc citrate)	15 mg	100%
Selenium (as L-selenomethionine & sodium selenite)	100 mcg	143%
Copper (as copper citrate)	1 mg	50%
Manganese (as manganese citrate)	3 mg	150%
Chromium (as chromium polynicotinate	100 mcg	83%
[ChromeMate®] & picolinate)		
Molybdenum (as molybdenum chelate)	100 mcg	133%
Sodium	10 mg	<1%
Potassium (as potassium citrate)	50 mg	1%
N-Acetyl Cysteine	100 mg	1
N-Acetyl D-Glucosamine	100 mg	t
Horsetail Aerial Parts Extract (7% silica)	100 mg	t

Cranberry Fruit	100 mg†	Hawthorn Berry Extract	25 mg
Green Tea Leaf Extract	75 mg†	N-Acetyl-L-Tyrosine	25 mg
(95% polyphenols, 35% EGCG)		Quercetin	25 mg
gamma-Vitamin E Complex	67 mg†	Turmeric Rhizome Extract	25 mg
Silymarin	60 mg†	Coenzyme Q10	20 mg
(from milk thistle seed extract)		Ginkgo Leaf Ext. (24% flavone	20 mg
Bromelain	60 ma†	glycosides & 6% terpene lactones)	
Choline (as bitartrate)	50 mg†	Diindolylmethane (DIM)	20 mg
Inositol	50 mg†	Bilberry Fruit Extract	15 mg
		(32% anthocyanosides)	
Butcher's Broom Root	50 mg†	Tocotrienol Complex (EVNolMax™)	10 mg
alpha-Lipoic Acid & R-Lipoic Acid	40 mg†	Rutin	5 mg
DMAE (as bitartrate)	30 mg†	Black Pepper Fruit Ext. (BioPerine®)	3 mg
Grape Seed Ext. (Proanthodyn™)	30 mg†	Lycopene	3 mg
Guggul Gum Extract	30 mg†	Boron (as amino acid chelate)	2 mg
MSM (Methylsulfonylmethane)	25 mg†	Lutein	2 mg
(OptiMSM®)		Astaxanthin	100 mcg

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

+Daily Value not established.

Other ingredients: stearic acid, modified cellulose gum, silica, acacia gum, and magnesium stearate.

Contains soy, and shellfish (shrimp, crab, & lobster).

Directions: 3 tablets 1 to 2 times daily with meals. This product is intended for women.

WARNING: Not for use by men or those taking any form of prescription nitrate such as nitroglycerin. If you are pregnant, may become pregnant, breastfeeting, or if you are diabetic, have a blood coapulation disorder, or are regional, pressidenting, or if you are diabetic, have a blood coapulation disorder, or are regional, or any drug such as acetaminophen, warfarin (Coumadin<sup>®</sup>9), or heparin, consult your physician before using this product. Men should take Men St. Life Force® Multible or Life Force® Multible.

Source Naturals WOMEN'S LIFE FORCE® MULTIPLE is a scientifically advanced Bio-Aligned Formula® based on the award-winning Life Force® Multiple. Additional ingredients address women's specific health concerns, including bone density, vein strength, menstrual comfort, breast health, and more. Designed for women of all ages, WOMEN'S LIFE FORCE delivers targeted nutrition to your key body systems. When these systems are aligned, you experience enhanced energy to meet the constant demands of your busy life.\*

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

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