



Supplement Facts

Serving Size 3 Tablets Servings Per Container 30

| Amount Per | Serving | %DV |
|---|-----------|--------|
| Calories | 10 | |
| Total Carbohydrate | 1 g | <1%* |
| Vitamin A (as beta-carotene 10,000 IU & palmitate 2,500 IU) | 12,500 IU | 250% |
| Vitamin C (as ascorbic acid & ascorbyl palmitate) | 500 mg | 833% |
| Vitamin D-3 (as cholecalciferol) | 400 IU | 100% |
| Vitamin E (as d-alpha tocopheryl succinate) | 200 IU | 667% |
| Vitamin K-1 (as phytonadione) | 120 mcg | 150% |
| Thiamin (vitamin B-1) | 50 mg | 3,333% |
| Riboflavin (vitamin B-2) | 50 mg | 2,941% |
| Niacinamide 35 mg & Niacin 15 mg | 50 mg | 250% |
| Vitamin B-6 (as pyridoxine HCl & pyridoxal-5'-phosphate [Coenzymated™ | ¶) 50 mg | 2,500% |
| Folate (as folic acid & calcium folinate) | 400 mcg | 100% |
| Vitamin B-12 (as methylcobalamin) | 200 mcg | 3,333% |
| Biotin | 400 mcg | 133% |
| Pantothenic Acid (as calcium p-pantothenate & pantethine) | 55 mg | 550% |
| Calcium (as calcium carbonate & dicalcium malate) | 200 mg | 20% |
| Iron (as Ferrochel® ferrous bis-glycinate chelate) | 6 mg | 33% |
| lodine (as potassium iodide) | 100 mcg | 67% |
| Magnesium (as magnesium oxide, chelate & succinate) | 200 mg | 50% |
| Zinc (as monomethionine [OptiZinc®] & zinc citrate) | 15 mg | 100% |
| Selenium (as L-selenomethionine & sodium selenite) | 100 mcg | 143% |
| Copper (as copper citrate) | 1 mg | 50% |
| Manganese (as manganese citrate) | 3 mg | 150% |
| Chromium (as chromium polynicotinate [ChromeMate®] & picolinate) | 100 mcg | 83% |
| Molybdenum (as molybdenum chelate) | 100 mcg | 133% |
| Sodium | 10 mg | <1% |
| Potassium (as potassium citrate) | 50 mg | 1% |

| N-Acetyl Cysteine | 100 mg† | Hawthorn Berry Ext. | 25 mg† |
|---|---------|-------------------------------------|----------|
| N-Acetyl D-Glucosamine | 100 mg† | N-Acetyl-L-Tyrosine | 25 mg† |
| Horsetail Aerial Parts Ext. | 100 mg† | Quercetin | 25 mg† |
| Cranberry Fruit | 100 mg† | Turmeric Rhizome Extract | 25 mg† |
| Green Tea Leaf Extract | 75 mg† | Coenzyme Q10 | 20 mg† |
| gamma-Vitamin E Complex | 67 mg† | Ginkgo Leaf Extract | 20 mg† |
| Silymarin (from milk thistle seed ext.) | | Diindolylmethane (DIM) | 20 mg† |
| Bromelain | 60 mg† | Bilberry Fruit Extract | 15 mg† |
| Choline (as bitartrate) | 50 mg† | Tocotrienol Complex (EVNolmax) | |
| Inositol | 50 mg† | Rutin | 5 mgt |
| Butcher's Broom Root | 50 mg† | Black Pepper Fruit Ext. (BioPerine® | |
| alpha-Lipoic Acid & R-Lipoic Acid | 40 mg† | Lycopene | 3 mg† |
| DMAE (as bitartrate) | 30 mg† | Boron (as amino acid chelate) | |
| Grape Seed Ext. (Proanthodyn™) | 30 mg† | | 2 mg† |
| Guggul Gum Extract | 30 mg† | Lutein | 2 mg† |
| MSM (Methylsulfonylmethane) | 25 mgt | Astaxanthin | 100 mcg+ |

*Percent Daily Values (%DV) are based on a 2,000 calorie diet. †Daily Value not established.

Other ingredients: stearic acid, modified cellulose gum, silica, acacia gum and magnesium stearate Contains soy, and shellfish (shrimp, crab, & Jobster).

Directions: 3 tablets 1 to 2 times daily with meals. This product is intended for women. WARNING: Not or use by men or those taking any form of prescription nitrate such as nitroplycerin. If you are prepnant, may become pregnant, breastfeeding, or if you are diabetic, have a blood coagulation disorder, or are regularly tabling any drug such as acetaminophen, warfarin (Coumadin®), or heparin, consult your physician before using this product. Men should take Men's Life Force® Multiple or Life Force® Multiple.

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Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

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