

Suggested Use

Adults take 2 capsules 2 times daily after meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. Rhodiola should not be taken by individuals with bipolar disorder. **Keep away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

The Gaia Difference

 Liquid potency, easy absorption
Alcohol-free, Liquid Phyto-Caps®
U.S. Patent No. 6,238,696 B1

 100% vegan and gluten-free
Plant-derived capsule

 Laboratory tested for purity
Free of heavy metal toxicity

gaia
HERBS

DailyWellness™

Stress
Response®

Supports a healthy
response to stress*

30 VEGAN LIQUID PHYTO-CAPS®
DIETARY SUPPLEMENT

BEST BY
Meet your herbs at GaiaHerbs.com

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 15

Amount Per Serving	
Calories	10
Siberian Rhodiola root extract † (Rhodiola rosea)	120 mg†
Holy Basil leaf supercritical extract † (Ocimum sanctum)	90 mg†
(3.86 mg† total Eugenols)	
Proprietary Extract Blend	520 mg†
Oats milky seed fresh extract † (Avena sativa), Holy Basil leaf † (Ocimum sanctum), Schisandra berry † (Schisandra chinensis), Ashwagandha root extract † (Withania somnifera)	

† Daily Value not established

Other ingredients: Vegetable glycerin, water, capsule
(vegetable cellulose) and olive oil

▲ = Organic ingredient ◆ = Ecologically harvested

Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post consumer material. Our amber glass bottles contain at least 30% recycled content.



BEST BY:

[011] 884-0116

DailyWellness™

Longevity and vitality come naturally when your body is in a state of harmony. Gaia Herbs' DailyWellness™ products promote optimal wellness by giving you the daily support you need.*

Stress Response®

Because stress is at the heart of many health conditions, helping the body adapt better benefits every bodily system. *Stress Response®* supports the body in reacting to stress in a healthy way.* With Wild Oats plus Ashwagandha and Holy Basil, this unique formula helps calm and nourish an over-worked nervous system.*

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 100% vegan and gluten-free
Easily digestible plant-derived capsule

gaia
HERBS

DailyWellness™

Stress
Response®

Supports a healthy
response to stress*

Supports optimal energy levels*
Rhodiola & Ashwagandha

Potent adaptogenic herbal formula*
Holy Basil and Schisandra

meetyourherbs®
SEE BACK OF BOX TO LEARN HOW

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gaia™ plant
HERBS intelligence®

GAIA FARM
BREVARD, NC

On-site at Gaia Herbs' 250-acre certified organic farm is our 45,000-square-foot certified organic manufacturing facility and analytical laboratory.

Here, we test our herbs' natural chemistry as they grow, allowing us to harvest at peak potency.

meetyourherbs®

Track the life story of each herb in your bottle by entering its ID# at GaiaHerbs.com.

PURITY: Trace the origin of each herb back to its source.

INTEGRITY: See analytical results for this product.

POTENCY: Validate each herb's full phytochemical complex.

Rhodiola