

Suggested Use

Adults take 30-40 drops of extract in a small amount of water 3 times daily between meals.

Shake well before using. Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. Avoid excessive exposure to UV radiation (e.g., sunlight, tanning) when using this product. **Keep away from children.** Use only as directed on label. Safety-sealed for your protection.

GaiaHerbs.com

HERBAL EXTRACT

St. John's Wort

FLOWER BUDS & TOPS

500 mg/ml herb equivalency

gaia
HERBS

DIETARY SUPPLEMENT 1 FL OZ (30ML)

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Supplement Facts

Serving Size 40 Drops (1.33 ml)

Servings Per Container About 23

Amount Per Serving

St. John's Wort flower 1.33 ml†
buds and tops extract +
(*Hypericum perforatum*)

Herb Strength Ratio 1:2

†Daily Value not established

Other ingredients: Alcohol USP
(65-75%) and water

+ = Ecologically Harvested

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