plott[®] Pure living, naturally frue

Milk Thistle

- Supports liver health°
- Made with non-GMO milk thistle



Supplement Facts

Serving Size 1 Vegetarian Capsule

	Amount Per Serving	% Daily Value
Milk Thistle Extract (Silybum marianum)(seed) std. to 80% Silymarin (200 mg)	250 mg	*
Organic Milk Thistle (Silybum marianum)(seed)	200 mg	*

* Daily Value not established Other ingredient: Vegetable Cellulose.

Does not contain: Corn. Wheat, Gluten, Sugar, Salt, Soy, Starch, Dairy, Citrus. Fish, Animal Derivatives, Preservatives, Artificial Colors, Artificial Flavors or Magnesium Stearate.

O These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, take one (1) vegetarian capsule, 1-2 times per day, preferably

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medications or have any medical condition (e.g., diabetes).

KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT: Do not use if outer seal is broken or missing.

STORE IN A COOL, DRY PLACE.

Distributed by: Vitamin Shoppe, Inc. Secaucus, NJ 07094 Visit www.vitaminshoppe.com or call1-800-223-1216 for more information and to reorder.

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