

PLANETARY™
HERBALS

BORAGE SUPER GLA 300™

RICH SOURCE OF GAMMA-LINOLENIC ACID

1,300 MG • 60 SOFTGELS

HERBAL SUPPLEMENT

Approved by
Michael Tierra LAc, O.M.D.

Michael Tierra

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	%DV
Calories	15	
Calories from Fat	10	
Total Fat	1 g	2%*
Borage Seed Oil	1.3 g	†
Yielding:		
Linoleic Acid (LA)	477 mg	†
gamma-Linolenic Acid (GLA)	300 mg	†
Oleic Acid	194 mg	†
Palmitic Acid	112 mg	†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: gelatin, glycerin, and purified water.

Suggested Use: 1 or 2 softgels daily with meals.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Planetary Herbals **BORAGE SUPER GLA 300™** is a specially prepared oil concentrate pressed from the seeds of the borage plant (*Borago officinalis*) using a specialized, solvent-free, cold-pressed extraction technique. Borage seeds are a rich source of essential fatty acids, including *gamma*-linolenic acid (GLA), which are essential for human health. These fatty acids are necessary for maintaining the fluidity and flexibility of every cell membrane, and are integral in supporting the body's normal production of prostaglandins.*

STORE IN A COOL, DRY PLACE.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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Manufactured for:
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