Suggested use to help support enhanced mental performance: take two (2) veggie capsules once a day. For best results take 20-30 min before a meal with an 8oz. glass of water or as directed by your healthcare professional

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or mitigate any disease.

Lot # and Expiration Date Printed on bottom of Bottle



Advanced **OPTIMAL COGNITIVE SUPPORT***

Proprietary Formula with Vitamins and Antioxidants to support mental focus, clarity, and performance*







60 CAPSULES

DIETARY SUPPLEMENT

Supplement facts

Amount Per	Serving	%DV
Vitamin A (from natural beta-carotene and mixed	4000 IU d carotenoids	80%
Vitamin C (as ascorbic acid, sodium ascorbate, calcium ascorbic, potasium ascorbic)	250 mg	417%
Vitamin D (as cholecalciferol)	100 IU	25%
Vitamin E (as natural d-alpha-tocopheryl succina	30 IU ate)	100%
Thiamin B1 (as thiamin mononitrate)	3 mg	200%
Riboflavin B2	1.7 mg	100%
Niacin B3 (from inositol hexanicotinate and 50%	25 mg as nicinami	125% de)
Vitamin B6 (as pyridoxal-alpha-ketoglutarate, pyridoxal-alpha-	15 mg oxal 5-phosp	
Folate, Folic Acid, Folacin (as folic acid)	400 mcg	100%
Biotin	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	12 mg	120%
Calcium (as calcium-citrate, calcium succinate calcium ascorbate)	50 mg and	5%
Iron (as Ferronyl carbonyl iron)	5 mg	28%
lodine (as kelp {ascophyllum nodosum})	15 mcg	10%
Magnesium (as magnesium citrate)	100 mg	25%

Serving Size: 2	Capsules
Servings Per Co	ntainer: 30

Zinc	10 mg	67%
(as zinc citrate and zinc ascorbate) Selenium (as selenomethionine)	50 mcg	71%
Copper (as copper citrate, TRACCS copper gly	0.4 mcg	20%
Manganese (as manganese citrate)	2 mg	100%
Chromium (as chromium polynicotinate)	10 mcg	83%
Molybdenum (as molybdenum amino acid chelate)	10 mcg	13%
Potassium (as potasium citrate, potassium aspar & potassium ascorbate)	50 mg tate	1%
Synergistic and	692 mg	t

Proprietary Formulation

Dimethylaminoethanol (as DMAE bitartrate), L-Glutamine, Bacopin (bacopa monnieri extract leaf), L-Pyroglutamic Acid, Phosphatidylserine, Docosahexaenoic Acid (DHA) Concentrate (15% DHA from fish body oil), Choline (as choline bitartrate), Inositol, N-Acetyl Tyrosine, Bilberry Fruit Standardized Extract (25% anthocyanosides), Gamma Aminobutyric Acid (extract of huperzia serrata: whole plant), Grape Skin Extract and Activin (grape seed extract), Vinpocetene, Trace-Lyte electrolyte concentrate, Huperine A (extract of huperzia serrata: whole plant), Boron (as boron citrate), Vanadium (as vanadyl sulfate)

† Daily Value (DV) not established

Other Ingredients: Vegetable Cellulose (Veggie Cap)







