

DIRECTIONS:

SUGGESTED USE: Mix 1 heaping scoop of Amplify® XL to 8-oz. of cold water, and consume immediately following your workout to maximize recovery and fight fatigue.* If extra thickness is desired, add a handful of ice cubes and blend. Due to settling, a natural occurrence with powders, variations in the powder height level may vary from bottle to bottle. Additionally, powder density may be affected as a result of the settling which may cause slight variations in the scoop serving size. To be used as part of a physical conditioning program.

WARNING: If you are pregnant, nursing or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

WARNING: For California residents only: This product contains a chemical known in the state of California to cause birth defects or other reproductive harm. **STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

AMPLIFY® XL IS YOUR COMPLETE ALL-IN-ONE PROTEIN



FACILITATES PROTEIN ABSORPTION, LEAN MUSCLE GAINS, AND ENHANCES RECOVERY!*

ADVANTAGE OF A PREMIUM PROTEIN BLEND

Amplify® XL offers a superior and premium blend of quick release whey protein isolate, hydrolysate and concentrate, and is loaded with glutamine and amino acids. Controlled release egg protein facilitates muscle recovery two-three hours post-workout. This combination gives you both an immediate and time-release recovery mechanism. It is the ultimate post-workout protein to support protein absorption, muscle recovery, and lean muscle gains.*

HYDRO GREENS BLEND

Amplify® XL is fortified with a seeds and greens health blend to support additional health benefits (antioxidants, heart health, healthy appearance (skin), and anti-aging). Coconut helps provide electrolytes and supports rehydration post-workout.*

BIOAVAILABILITY

Protein sources found in Amplify® XL rank highest on the biological value scale.

STACK AMPLIFY® XL WITH ANY PMD® PRODUCT FOR GREATER INCREASES IN MUSCLE STRENGTH, MASS, ENERGY, TONING, RECOVERY AND PERFORMANCE.*



10g of Glutamine + Branch Chain Amino Acids



HYDRO GREENS
Blend
Seeds + Greens + Hydration



25g Protein
10g Glutamine + BCAAs
0g Added Sugar

Per Serving



No Amino Spiking!

PREMIUM PROTEIN BLEND
DIETARY SUPPLEMENT | NET WT 2 LBS. (908 g)

NO ADDED SUGAR GLUTEN FREE ASPARTAME FREE NO ARTIFICIAL COLORS TRANS FAT FREE NO SOY PROTEIN PRESERVATIVES FREE CAFFEINE FREE

Supplement Facts

Serving Size 0.7583 g (1 scoop) Servings Per Container 24

Amount Per Serving	%DV**	Amount Per Serving	%DV**
Calories 140		Premium Protein Blend 25g †	
Calories from Fat 15		Quick Release Blend	
Total Fat 2g	3% ^{***}	Whey Protein Concentrate,	
Saturated Fat 0.83g	3% ^{***}	Whey Protein Isolate,	
Cholesterol 67mg	22% ^{***}	Whey Protein Hydrolysate,	
Total Carbohydrate 7g	2% ^{***}	Controlled Release Blend	
Dietary Fiber 3g	12% ^{***}	Egg Protein	
Sugar†† 2g	†	Hydro Greens Blend 1,234 mg †	
Protein 25g	50% ^{***}	Seed Health Blend	
Vitamin A (as Retinyl Palmitate) 500 IU	10%	Flax Seed Powder, Chia (Seeds)	
Vitamin C (as Ascorbic Acid) 15mg	25%	Algaricool Seed Powder	
Vitamin E (as D-1, Alpha Acetate) 7.5 IU	25%	Greens Health Blend	
Thiamin (as Thiamin HCl) 100 mg	10%	Coconut (Cocos nucifera) (Water Powder,	
Riboflavin 176 mg	10%	Spirulina (Blue Green Algae), Chlorophyll	
Niacin (as Nicotinamide/Nicotinamide) 2mg	10%	pyrenoidous Whole Plant Powder,	
Vitamin B6 (as Pyridoxine HCl) 200 mg	10%	Wheat Grass (Triticum aestivum) Aerial	
Folate (as Folic Acid) 40 mcg	10%	Powder (Gluten Free), Miso (Lactobacillus	
Vitamin B12 (as Cyanocobalamin) 0.8 mcg	10%	mayensis) Root Extract 4:1	
Vitamin B5 (as Panthothemic Acid) 1 mg	10%	Premix™ Enzyme Blend 300mg †	
Calcium 124 mg	12%	Lipase, Protease, Amylase, Bromelain	
Iron 6.47 mg	3%	Lactase-composed Stem Extract, Cellulase	
Sodium 125 mg	5%		

Other Ingredients: Fibersol®-2, Natural and Artificial Flavors, Xanthan Gum, Carboxymethylcellulose, Betacarotene (for Color), Salt, Apocrotene (for Color), Acesulfame Potassium, Soy Lecithin (Emulsifier)

CONTAINS: Milk, Egg, Soy, Tree Nut (Coconut) and Wheat products. This product was produced in a facility that also processes ingredients containing fish, shellfish and peanuts. **FREE OF:** ADDED SUGAR, ASPARTAME, GLUTEN, TRANS FATS, YEAST, PRESERVATIVES, ARTIFICIAL COLORS.

‡Denotes naturally occurring and added free form amino acid. ††Indicates naturally occurring sugar derived from whey protein blend sources.



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For Product Questions:
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