

GUARANTEED
PURE

HEALTH FROM THE
SUN

MCT Chewable



**MEDIUM CHAIN
TRIGLYCERIDES**



DIETARY SUPPLEMENT
90 CHEWABLE TABLETS

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Use only as directed. Take three tablets up to three times daily as needed. May be taken alone or with foods. Store in a cool dry place.

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	30	
Calories from Fat	15	
Total Fat	2 g	3%†
Saturated Fat	1.5 g	8%†
Total Carbohydrate	7 g	2%†
Dietary Fiber	5 g	20%†
Medium chain triglycerides (Coconut)	1,500 mg	*

†Percent Daily Value based on a 2,000 calorie diet.

*Daily Value not established.

Other Ingredients: Organic inulin, Maltodextrin, Natural orange flavor with other natural flavors, Stearic acid, Silica and Luo han guo.

Discussion: Medium chain triglycerides, called MCTs for short, are unique fatty acids that provide a wide range of health benefits. MCTs are in human breast milk as well as coconut and palm oils. MCTs differ from long chain fatty acids of other foods because they are rapidly absorbed by the body where MCTs are burned as fuel - not stores as fat. MCTs are often used by athletes for increased energy, metabolism and endurance. MCTs are also popular with individuals on a ketogenic diet. Studies suggest that MCTs may support ketone body production.

Health From The Sun® MCT Chews are a quick and convenient form of MCTs for an active lifestyle. Take them on the road, to the gym, bike rides or trail runs for an easy and convenient form of energy that won't fill you up or slow you down.

Rigorously quality tested to guarantee **purity, potency and truth-in-labeling.**

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Mfd. by NutraPure, Inc.

www.reachforlife.com

Comments or Questions:

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