

PLANETARY[™]

HERBALS

AVENA SATIVA OAT COMPLEX[™] FOR WOMEN

NURTURING TONIFIER*
558 MG • 200 TABLETS

HERBAL SUPPLEMENT
Formulated by
Michael Tierra L.Ac, O.M.D.
Michael Tierra

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 100

	Amount Per Serving
Oat Tops Extract (<i>Avena sativa</i>)	550 mg†
Proprietary Blend:	567 mg†
Dong Quai Root, Curculigo Rhizome, Chinese Peony Root, <i>Ligusticum chuanxiong</i> Rhizome, Ginger Root, Chaste Tree Berry Extract (<i>Vitex agnus-castus</i>), Chinese Yam Rhizome, Alfalfa Leaf, and Cassia Bark.	

†Daily Value not established.

Other ingredients: sorbitol, stearic acid, silica, modified cellulose gum, and magnesium stearate.

Suggested Use: 2 tablets twice daily between meals.

STORE IN A COOL, DRY PLACE.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

For centuries, oats (*Avena sativa*) have been valued for their nourishing and strengthening qualities. Planetary Herbals **AVENA SATIVA OAT COMPLEX[™] FOR WOMEN** combines a concentrated extract of young green oats with European chaste tree berry and dong quai, the premier female tonifier of Chinese herbalism. This unique compound unites science and tradition to support a woman's reproductive system.*

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Manufactured for:
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