

7
45287
03045
5



Manufactured in the USA by:

Douglas Laboratories

600 Boyce Road

Pittsburgh, PA 15205 USA

www.douglaslabs.com

1.800.245.4440

Opti-Sel™ provides selenium, an essential trace element, in two forms: sodium selenate, a readily available active form and selenomethionine, a bioavailable storage form.

Suggested Usage: As a dietary supplement, adults take 1 tablet daily, or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

SEL

Opti-Sel™

A Dietary Supplement

 **DOUGLAS**
LABORATORIES®

100 Tablets

Supplement Facts

Serving Size 1 tablet

Servings Per Container 100

Amount Per Serving	%DV
--------------------	-----

Selenium	200 mcg	286%
(as sodium selenate, 150 mcg, and as selenomethionine, 50 mcg)		

Other ingredients: Cellulose, stearic acid, silica and magnesium stearate.