

Spirulina

One of the simplest forms of life on the planet, these blue-green algae are a storehouse of nutrients. Spirulina is a vegetarian source of vitamins, minerals, chlorophyll and GLA, an essential fatty acid. Gaia Herbs tests each batch for purity and potency to insure safety and validated wholefood nutrition.

Suggested Use

Adults take 2 tablets with a meal, twice per day, for a total of 4 tablets per day.

If you have a medical condition or take medications please consult with your doctor before using this product. Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning of children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

Spirulina tablets

gaia[®]
ORGANICS



DailyWellness

Spirulina

Whole blue-green algae
superfood

meetyourherbs[®]

Enter ID # at GaiaHerbs.com

180

VEGAN TABLETS
DIETARY SUPPLEMENT

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Supplement Facts

Serving Size 2 Tablets

Servings Per Container 90

	Amount Per Serving	% Daily Value
Total Carbohydrate	<1 g	<1%*
Protein	<1 g	<1%*
Vitamin A	110mcg RAE (350 IU) [100% as beta-carotene]	12%
Vitamin B-12	1 mcg	17%
Iron	0.4 mg	2%
Sodium	15 mg	<1%
Spirulina Algae ▲	1 g	†
Gamma Linolenic Acid (GLA)	8 mg	†
Total Carotenoids	2 mg	†
Zeaxanthin	1 mg	†
Chlorophyll	10 mg	†

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established

Ingredients: Spirulina ▲ = Certified Organic Ingredient

Distributed by: Gaia Herbs, Inc. 101 Gaia Herbs Dr., Brevard, NC 28712
Certified Organic by Oregon Tilth

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