

Heart Health

Krill Oil may help reduce the risk of coronary heart disease. Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease (see nutrition information for total fat and cholesterol content).

Other Benefits

EfaGold® Krill Oil supports healthy joints and blood triglyceride levels already within normal range.*

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and printed inner freshness seal. Do not use if either seal is broken or missing. Store in a cool, dry place.



Recommendation: Take 1 to 2 softgels daily, preferably with breakfast. For intensive use take 2 softgels twice daily (breakfast and lunch).

Caution: If you are pregnant, nursing, have a seafood allergy, have a blood clotting disorder or are taking blood thinning medications or any other medications, consult a healthcare professional before use.

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GLUTEN FREE. No sugar, yeast, wheat, corn, soy, dairy products, artificial colors, flavors or preservatives.

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Questions? 1-800-9NATURE / naturesway.com

EfaGold® Antarctic Krill Oil

- **Sustainable source** with 100% traceability back to the harvest location
- **Krill Oil's omega-3 fatty acids** are in optimal phospholipid form
- **Smaller effective dose than fish oil** makes for easier intake
- **Purity tested** for PCBs, heavy metals (including mercury) and other impurities
- **No fishy burp-back or aftertaste**



EfaGold® Krill Oil

Phospholipid Bound Omega-3

100% Pure Krill Oil from
Sustainable Antarctic Source

No fishy burp-back
or aftertaste

500 mg



Purity Tested

60 Softgels • Dietary Supplement



EfaGold® Krill Oil

Phospholipid Bound Omega-3

60 Softgels • 500 mg • Dietary Supplement

Supplement Facts

Serving Size 2 Softgels / Servings per Container 30

Amount Per Serving	% DV
Calories	10
Calories from Fat	5
Total Fat	<1 g 1%†
Cholesterol	10 mg 3%†
Sodium	10 mg <1%†
Krill (shellfish) Oil	1 g **
Phospholipids	400 mg **
Omega-3 Fatty Acids	220 mg **
Eicosapentaenoic Acid (EPA)	120 mg **
Docosahexaenoic Acid (DHA)	55 mg **
Astaxanthin	80 mcg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: gelatin (softgel), glycerin, purified water
Contains shellfish (krill).

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