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[001] 863-0217FPO
ABOCA CODE

Steeped in a healthy lifestyle*

Our mission has remained unchanged for nearly 30 years—offer the highest quality herbal supplements to support your health.* One satisfying way of including herbs in daily life is through the ritual of drinking tea. Our respect for this ancient practice is reflected in the quality of our herbs and in tea bags that use no staples or glue.

A partnership of mutual beliefs

This tea is produced in Tuscany, Italy, by Aboca, the herbal supplement leader in more than 25,000 European pharmacies and health food stores since 1978. Gaia Herbs' partnership with Aboca is born from a mutual belief in sustainable product development, dedication to quality and a deep respect for science and nature working in harmony.



gaia
HERBS

Savory
& Satisfying



Rosemary



Sinus Comfort

Helps support
sinus wellness*

Herbal Dietary Supplement

16 (2 g) TEA BAGS Net Wt. 1.13 oz (32 g)

Supplement Facts

Serving Size 1 tea bag
Servings Per Container 16

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	less than 1 g	<1%*
Dietary Fiber	less than 1 g	3%*
Holy Basil leaf and flower ▲ (Ocimum sanctum)	400 mg	†
Licorice root ▲ (Glycyrrhiza glabra)	300 mg	†
Green Tea leaf ▲ (Camellia sinensis)	300 mg	†
Oregano leaf ▲ (Origanum vulgare)	300 mg	†
Ginger root ▲ (Zingiber officinale)	200 mg	†
Rosemary leaf ▲ (Rosmarinus officinalis)	200 mg	†
Thyme flower ▲ (Thymus vulgaris)	140 mg	†
Sage leaf ▲ (Salvia officinalis)	100 mg	†
Eucalyptus leaf essential oil ♦ (Eucalyptus globulus)	40 mg	†
Cinnamon bark essential oil ♦ (Cinnamomum verum)	20 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established

▲ = Organic ingredient
♦ = Ecologically harvested

Distributed by: Gaia Herbs, Inc.
101 Gaia Herbs Dr., Brevard, NC 28712
Certified Organic by Oregon Tilth
Manufactured for Gaia Herbs by
Aboca S.p.A. - Italy

PRODUCT OF ITALY

This product contains no more than 5 mg of
caffeine, derived from Green Tea, per one tea bag.

* These statements have not been evaluated by the Food
and Drug Administration. This product is not intended to
diagnose, treat, cure, or prevent any disease.

Best by:

Lot No:

Savory Sinus Support*

Familiar, comforting herbs mingle to soothe both the senses and sinuses in *Sinus Comfort*.* The aroma of Rosemary leaf and Sage greet you upon the first sip, followed by Oregano and Thyme. Cinnamon essential oil and Ginger add spice, while Holy Basil and Green Tea balance this robust tea.

Directions

Adults pour one cup of freshly boiled water over tea bag and steep, covered, for 10 minutes. Drink daily as needed. Also try Gaia Herbs *Bronchial Wellness Herbal Syrup*, which can be added directly to this tea.

If you have a medical condition or take medications, please consult with your doctor before using this product. Licorice should not be taken if you have kidney or liver disease, hypertension, edema, excessive potassium depletion or during pregnancy. Consult with your practitioner if breast-feeding. **Keep away from children.**

Track the life story of each herb in your tea by entering its ID# at GaiaHerbs.com

meet your herbs