



Our cartons are made from 100% recycled fibers, including 40% post-consumer material. Our glass bottles contain at least 40% recycled content.

Himalaya
SINCE 1930

GLUTEN FREE



HAPPINESS THROUGH WELLNESS

Crafting traditional medicines based on Ayurveda, a 5,000 year old science that believes the journey back to wholeness begins with nurturing the capacity for joy.

Trusting the gifts of nature and the irreplaceable relationship between the plant and its native soil for consistent healing properties.

Contributing to the wellness of the earth by teaching our family of farmers to grow native plants sustainably on their land and reduce the demand on the local environment.

Building communities by advocating women in farming, protecting fair prices, providing maternal health, sponsoring clinical services and offering school wellness programs.

Believing that if wellness is the path to happiness, we must contribute to the wellness of all things. Wellness of people, wellness of the environment, wellness of our communities.

FAMILY OWNED FOR MORE THAN 85 YEARS

Lot No.:
Exp. Date: Unvarnished area
28 x 8mm

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SINCE 1930



JOINTCARE®

Benefits joint mobility*
Promotes tissue preservation*



INCLUDES
BOSWELLIA &
GREATER GALANGAL

Herbal Supplement

120 VEGETARIAN CAPSULES



Recommended Use:
Adults take 2 capsules twice daily with meals.

1 MONTH SUPPLY

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 60

Amount Per Serving

Proprietary herbal blend	1.2 g*
Indian frankincense (resin), Indian frankincense* (resin), guggul* (oleo-gum-resin), Indian tinospora (stem), tribulus (fruit), guggul (oleo-gum-resin), tribulus* (fruit), Indian tinospora* (stem), greater galangal (rhizome), licorice (root), greater galangal* (rhizome), licorice* (root)	

*Daily Value not established

*extract

Other Ingredients: Plant based cellulose (capsule)

Manufactured by:

The Himalaya Drug Company
Makali, Bangalore 562 162 (INDIA)
Mfg. Lic. No. AUS-83

Distributed by:

The Himalaya Drug Company
1101 Gillingham Lane, Sugar Land, Texas 77478

Product of India

Questions? Please call 1-800-869-4640
or visit www.himalayausa.com

Caution: As with any supplement, consult a healthcare practitioner before use if you are pregnant, nursing, taking medication, have a medical condition or are planning any medical procedure. Discontinue use and consult a healthcare practitioner if any adverse reactions occur. Keep out of reach of children.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Ayurveda and its sister science Yoga rely on their understanding of the body to promote flexibility and motion. Ayurveda identified plants that support these with great success and it is from that selection that we formulated JointCare®.*

To this effect, Ayurveda holds in great regard the resins of Boswellia and Greater Galangal (relative of Ginger) to encourage the strength and resilience of connective tissues and support range of motion.*

Featured herbs on front: Boswellia (crystallized resin), Greater galangal (rhizome) & Tribulus (aerial parts)

GLUTEN FREE • cGMP • VEGAN FRIENDLY



No ingredients of animal origin